

MURRIETA MESA HIGH SCHOOL

Pursue Your

Passion...



Leave a

Legacy!

2023-24 RAM TRACKS

Ram P.R.I.D.E

24801 Monroe Ave Murrieta, CA 92562

951-677-0568 | Fax 304-1895

Website: www.Murrieta.k12.ca.us/Domain/2117

MURRIETA VALLEY UNIFIED SCHOOL DISTRICT

Board of Education: Oscar Rivas · Kenneth Dickson · Paul F. Diffley · Linda Lunn

· Kris Thomasian Superintendent: Dr. Ward Andrus

TABLE OF CONTENTS

GENERAL INFORMATION

School Contact Information.....	1
Table of Contents.....	1
Mission Statement.....	2
Principal's Message.....	3
Pathways, Uniform Complaint Procedure.....	3
Administration & Support Staff.....	4
Parent Information.....	4/5
PRIDE Period.....	5
Policy for Class Changes and Grades.....	5/6
Homework & Finals.....	6

CODE OF CONDUCT

School-Wide Rules.....	6/7
Electronics/Dress Code.....	7/8
Parking Program.....	9
Sexual Harassment.....	9
Bullying Policy.....	10
Attendance Policies.....	10

LIBRARY & HEALTH INFORMATION

Library Information.....	11
Health Office.....	11

STUDENT ACTIVITIES

Activities & Clubs.....	12
Dance Information.....	12/13
Academic Organization.....	13

PE & ATHLETICS

Physical Education Information.....	14
Athletic Program & Eligibility.....	14

GRADUATION REQUIREMENTS

Graduation & UC/CSU Admission Requirements.....	15
Community Service /UC Approved	16

POST-HIGH SCHOOL PLANNING

ACT & SAT, PSAT Dates.....	17
NCAA/NCAA Clearing.....	17/18
College Planning	19-21
Helpful College/Career Websites.....	21
Cal State/UC/Community College Information.....	22-25

STUDENT PLANNER

AB Calendar.....	26
Map of Campus.....	27
2021/22 Student Planning Calendar.....	28

MMHS MISSION STATEMENT

**We at Murrieta Mesa have a Relentless Belief in
and an Unwavering Commitment to our Students!**

It's Not a Job...It's our Passion!!

P. R. I. D. E.

Purpose –

- *Have a purpose and passion for what I do every day.*
- *Be positive role model for MMHS.*
- *Set short term and, long term achievable goals.*
- *Have high standards for my work and behavior.*
- *Commit to success.*

Responsibility –

- *Take Personal responsibility for my academic performance.*
- *Treat everyone with care, kindness, dignity, fairness, and respect.*
- *Act with P.R.I.D.E on and off campus*
- *Treat MMHS with care and respect.*
- *Embrace RAM PRIDE*

Integrity –

- *Hold high standards for myself as a student and staff member.*
- *Abide by and uphold school rules and policies.*
- *Be respectful, fair, caring, patient, flexible, sociable, positive, and collaborative.*
- *Be an example of control, dignity and hard work.*
- *Pursue victory with honor.*

Duty –

- *Serve my school and community.*
- *Take personal accountability for academic success.*
- *Be involved in community service events and activities.*
- *Assist others in daily activities of service to others.*
- *Realize the importance of service to others.*

Excellence –

- *Pursue my passion everyday through pathways and co-curricular activities.*
- *Believe in ones, self to achieve established goals.*
- *Pursue high standards of achievement and accept rigorous challenges.*
- *Utilize technology to enhance learning.*
- *Hold high standards for personal behavior.*
-

“Coming together is a beginning; Staying together is progress; and working together is a success” Henry Ford.

PRINCIPAL'S MESSAGE

Welcome to Murrieta Mesa High School, where our students “Pursue their Passion and Build the Legacy!” and exemplify Ram P.R.I.D.E. on campus and in the community. Mesa offers College and Career Pathways in the areas of Business/Culinary, Engineering, Liberal Studies/ Education, Medical and Visual/Performing Arts. These pathways will allow students to find and pursue their passion and additionally promote relevant and meaningful learning.

One of our school-wide goals is to involve every student in an activity, club, or sport at Mesa. There are a myriad of clubs, organizations and sports on campus that will provide opportunities for all students to become involved on campus. We know that students who are involved in school do better both academically and socially. We want all, of our students to feel that Mesa is their home as well as embody **RAM Purpose Responsibility Integrity Duty and Excellence**.

Parents, you are an integral part of our high school family and you are an essential component to the success of Mesa. We need your help in the library, office, and on campus with a variety of activities and sports. Please check our website on a regular basis for information regarding upcoming activities, athletics, and parent informational meetings. In order to keep you informed of upcoming RAM events and parent volunteer opportunities, please keep your email and telephone numbers updated.

We look forward to a great year!
Scott Richards Jr.
Principal

PATHWAYS

The college and career pathways provide our students with the opportunity to pursue areas of interest in the following fields: Liberal Studies/Education, Engineering, Medical, Business/Culinary and Visual/Performing Arts. In addition to taking required courses for graduation and college entrance, students have the opportunity to pursue a relevant and meaningful education by enrolling in on-line/hybrid, and Career Technical Education (CTE) and college courses. Students are able to earn graduation pins within the pathways if they complete the requirements for the pathway pin by the end of their senior year.

NON-DISCRIMINATORY STATEMENT

The Murrieta Valley Unified School District is committed to equal opportunity for all individuals in education and in employment and does not discriminate on the basis of actual or perceived ancestry, age, color, disability, gender, gender identity, gender expression, nationality, immigration status, race or ethnicity, religion, sex, sexual orientation, pregnancy, parental/marital or family status, primary language, medical condition, genetic information, or association with a person or group with one or more of these actual or perceived characteristics. The Board prohibits, at any district school or school activity, unlawful discrimination, harassment, intimidation, and bullying of any student based on the protected characteristics named above. (MVUSD AR/BP 1312.3, AR/BP 4030, AR 4031, AR/BP 5145.3, BP5146, BP5131.2)

UNIFORM COMPLAINT PROCEDURES

When a student, parent/guardian or community member has a complaint alleging that a specific action, policy, procedure, or practice is discriminatory or wishes to file a formal complaint in another area of concern, the district and MMHS follows the uniform complaint code. Complaints are made in writing and submitted to an administrator or to the district support center. All parties involved in the complaint shall be notified of the complaint ant. The usual procedure includes a meeting/hearing and notification of the decision to all involved. The complainant is notified of his/her right to appeal the decision.

ADMINISTRATION & SUPPORT STAFF

Administrative Staff

Principal.....	Scott Richards
Assistant Principal (10 th and 12 th).....	Lorie A. Coleman
Assistant Principal (9 th and 11 th).....	Theresa Butler
Assistant Principal of Student Support.....	Jason Hamm
Assistant Principal of Athletics.....	John Broussard
Activities/USB Director.....	Amy Vollmar

Counseling Staff

Alpha A – D	David Carrillo
Alpha E – K & EL Student.....	Amanda Pesavento
Alpha L – RE	Connie Rho
Alpha RI – Z.....	Kesha Andrews
AVID A – Z	Lisa Amstutz

Support Staff

AP Secretaries.....	Brandie Blancato, Mónica Lindsley, Jessica Nebel
Activities/USB Secretary.....	Aryn Ruhmke
Athletics Secretary	Julie Maestas
Attendance Clerks	Ginny Carlson
Bookkeeper.....	Linda Aubrey
Campus Security.....	Michael Bertulfo, Jorge Casas, John Coutee, Tamara Hernandez, Zandra Orozco
Custodians.....	Day –Tony Romero...Night – Greg Duty
Guidance Technician A-L.....	Christine Beadles
Guidance Technician M-Z.....	Amber Phillips
Health Technician	Kim Sirichaisintop
Kitchen.....	Jennifer Collins
Library Technician	Amanda, Falcon, Bridig Nelson
Locker Room Attendants.....	Kenny Armstrong, Janet Knapp
Maintenance	Trent Samson
Receptionist	Marla Helton
School Nurse	Megan Moreno
School Resource Officer/SRO.....	Officer Jennifer Metoyer
School Psychologist.....	Cailin Bartlett
School Site Secretary.....	Jessica Walsh
School Speech Therapist.....	Elizabeth Martini
Theater Technician.....	Sean Sheldrake
Technology Support.....	District Staff

PARENT INFORMATION: CAMPUS POLICIES FOR PRODUCTIVITY

STUDENT DROP OFF

For the safety of all students, please pull your vehicle all the way forward and up to the curb before allowing students to exit your vehicle.

MESSAGES & DELIVERIES

Please make travel, lunch, clothing and other arrangements with your student before he/she arrives at school. Bouquets of flowers, balloons will not be accepted at the front office. Calling into or delivering messages and items to classrooms are disruptive to the learning environment; therefore, we do not deliver any items to classrooms. Students will not be allowed to come up to the front office to pick up items during class. Please encourage your student to accept the consequences if they neglect these responsibilities. We appreciate your assistance in not bringing food and other items, so we reserve this function for true emergencies.

SCHOOL VISITATIONS

Parents, guardians, and community members are welcome to visit the campus. If you desire to meet with an administrator or counselor, please call ahead for an appointment, as most drop-in requests are difficult to accommodate. Classroom visitations require a 24-hour advance notice to ensure that someone will be available to accompany you. All visitors must check-in at the guard shack & front office and show a current photo ID before a guest pass is issued. We value student learning time intensely; therefore, it is important not to disturb teachers and students during class time. In order to maintain a safe and orderly learning environment, students' friends or visitors without specific school business are not allowed on campus at any time during school hours.

CLOSED CAMPUS/SECURITY

There are staff protocol and systems in place to assure a safe environment for all students and staff. MMHS is a closed campus and students may not leave campus during school hours without the appropriate authorization. All visitors are required to provide picture ID, sign in at the reception desk may receive a guest pass. Specially trained campus security staff and administrators supervise all areas of campus and meet regularly with the local police department. A Murrieta Police Department Officer, SRO, is assigned to campus during school hours. Students and vehicles parked on school property are subject to search based upon reasonable suspicion and safety issues. Administration reserves the right to determine the basis for reasonable cause for search. **All property is subject to search and seizure while on campus.** MMHS has an extensive video-surveillance system, along with a 24-hour security patrol. The district provides regular trained canine visitations to search for illegal substances. All students, staff and community members are encouraged to utilize the We-Tip hotline (7 days/week, 24 hours/day) to report suspicious campus activity or crime information at 1-800-78-CRIME.During the break/ lunch periods,

students are to remain in the quad area. All other areas are considered out-of-bounds and unauthorized. Students are not permitted off campus at any time without the appropriate authorization. Attendance personnel will verify all requests. Students' w/early release or late start are not permitted to loiter, and students who disregard this rule will be assigned Saturday School.

COMMUNICATIONS

In this age of information, MMHS administration has found it beneficial, timely and cost effective to use technology to communicate with parents on a regular basis. Email and phone systems are used to communicate regular and emergency information to students and parents. The Ramblings is the MMHS on-line newsletter which is used in place of a traditional paper newsletter. This is a great way to find out about current and upcoming school activities, testing, important events, sports, community service opportunities and breaking news. The MMHS home page (www.murrieta.k12.ca.us/Domain/2117) is a great place to find information about school programs, departments, testing schedule, progress report dates, PTSA and Site Council meetings, newsletters, the student calendar, maps, student activities, sports, clubs, event pictures, contact information for all staff and much more. While the vast majority of families have internet access, other forms of communication are utilized which includes: the daily newscast to students in all classrooms, a school-to-home automated telephone and/or email system for attendance and notification of important and emergency issues.

PARENT/TEACHER/COUNSELOR/ADMIN COMMUNICATION

Parents who want to contact a teacher should do so via email. If after making contact with a teacher and there are additional questions or concerns, please contact your student's counselor. All contact information can be found on the MMHS website at www.murrieta.k12.ca.us/Domain/2117 under *Staff Directory*. *You should expect messages to staff to be returned within a 24-hour time-period, which is a professionally accepted standard. We appreciate your patience in this regard.*

PERSONAL ELECTRONIC DEVICES/CELL PHONES/IPODS/MP3

Cell phones/IPODS/MP3 players and any other audio/visual electronic device are not to be seen during the school day. Please refer to the policy on electronic devices located within this handbook.

PRIDE PERIOD

PRIDE PERIOD

PRIDE Period is Wednesday during the 3rd period. The intent of the time will be for students to receive tutoring, additional assistance, make up tests and quizzes, and/or to complete homework assignments.

PRIDE Period Parameters

- 1) Prior to PRIDE period, students need to sign up with one of their scheduled teachers to attend PRIDE period in their class. On PRIDE period day, each student will attend their period 1st/2nd period class, then report to PRIDE for 3rd.
- 2) Students have 5 minutes to move to the PRIDE class. Administrators, Campus Supervisors, and teachers will assist students to a classroom during the 5-minute time frame.
- 3) PE classes meet in the library, Rams Den or an assigned classroom.
- 4) Once in a PRIDE period classroom, students may NOT leave.
- 5) Student that have a 3.0 or higher GPA at each 6week grading period or at the semester with no D's or F's in any class will receive a golden ticket to go to the quad for pride period.

What PRIDE Period is NOT

- 1) Extra break time
- 2) Time to socialize or play games.
- 3) Teacher prep time

Advantages

- 1) Students will have time within the school day to receive additional assistance, **complete their work**, and make up tests and quizzes.
- 2) Students may have access to computers who may not have access at home.
- 3) This is a definitive action step taken toward improving GPAs and test scores.

****Students causing problems during PRIDE period will be sent to the office for consequences which may be the removal of the privilege to move to another class for PRIDE period.**

POLICY FOR AP/REGULAR CLASS CHANGES AND GRADES

At Murrieta Mesa High School, registration is based on a yearlong schedule. Students are enrolled in a full day of courses. Schedule changes can only be considered for the following four criteria:

1. An incomplete schedule/scheduling conflict.
2. Course already completed.
3. Prerequisite not met.
4. Missing a graduation requirement.

Request for schedule changes must address one of the above. A schedule request form must be obtained and submitted to the appropriate counselor. Schedule request forms will not be accepted after the first full week of the semester.

AP Classes – Students must remain in the AP course for at least 3 weeks and will have up to 6 weeks to withdraw from the course and enroll in a subject equivalent course (if applicable). If student requests to withdraw from the advanced course, student understands they will be required to meet with their counselor/administrator and advanced teacher before the withdrawal can be considered.

WITHDRAWAL FROM CLASS

We believe that students benefit from the learning that takes place in the classroom even in the case of a student who is failing the course. When this situation presents itself, the student may be removed from class with a grade of "WF". This grade will appear on the student's permanent transcript. The student may be assigned to attend On Campus Intervention (OCI) for the remainder of the semester instead of attending the class in question. When a class is dropped after the six-week point in the semester, a grade of "WF" shall be assigned.

GRADING SYSTEM

Courses at MMHS are taught on a semester basis and are worth five credits per class per semester. Grades are computed on a four, point scale:

A = 4 pts. B = 3 pts. C = 2 pts. D = 1 pt. F = 0 pts.

Advanced Placement classes use a five point, grading scale:

A = 5 pts. B = 4 pts. C = 3 pts. D = 1 pt. F = 0 pts.

Computerized progress reports are distributed to students at the six-week and twelve-week time period per semester. Weekly and daily progress report forms are available for students in Student Services.

ABI/AERIES ACCESS THROUGH PARENT PORTAL

Student grades can be accessed through our parent and student portals. Please contact the guidance tech or grade level secretary for sign in information and an access code to review progress, assignments in class, and current grades.

ACADEMIC DISHONESTY

Students need to take personal responsibility for their academic performance and demonstrate academic integrity. Academic dishonesty includes, but is not limited to, cheating or the attempt to copy assignments from other sources (another person or online), using notes without permission, turning in work that's done by someone else or any AI tool when prohibited, forging, altering and/or duplicating school documents or signatures, plagiarism, sending text messages of answers, and using photography to capture / reference assessment data, assignment answers, or other information. Consequences for academic dishonesty may be implemented by both administration and at the discretion of the teacher. This may result in zero credit for the assignment as well as progressive discipline. Consequence severity will increase if the offense repeats.

HOMEWORK & FINALS POLICIES

HOMEWORK

The homework philosophy is relevant and directly related to course objectives. The purpose of homework is one of five examples listed below:

- Introductory Homework** Introduce a new concept of information to be used later in class.
- Learning Homework** An assignment that adds to a student's knowledge base that can be done independently.
- Reinforcing Homework** An assignment that strengthens a student's knowledge base.
- Assessment Homework** An assignment to be graded that helps guide instruction.
- Performance Homework** An assignment designed to allow the student an opportunity to demonstrate understanding and learning.

Although the Murrieta Valley Unified School District recognizes that quality is more important than quantity, the following guideline is suggested in our Board Policy: Grades 9-12 may have 75 – 120 minutes of homework up to four days per week. It should be noted that in grades 7 – 12, the homework time may vary according to type and number of subjects a student is taking. AP Courses also may require homework/reading beyond the four days per week. Many times, AP exams are given in the time period immediately following Spring Break, which will require students to study and prepare over spring vacation.

Make-up Homework Policy: When a student is absent from school, it is his/her responsibility to contact teachers upon returning to school regarding make-up work. (*The teacher can be contacted via email. The student may also refer to the syllabus or on-line teacher website.*) The time allotted for making up missed work will vary depending on the circumstances surrounding the absence, the actual time out of school, and the teacher's classroom policy. The make-up policy for missing assignments when a student is not absent is at the discretion of the individual teacher. **Please read individual teacher guidelines for their specific homework and late homework policies.** Some teachers, although not all, accept late work, which may be turned in during the unit/chapter of study or within a specific time period with a penalty such as a reduced grade based upon the lateness of the assignment. Assignments may be corrected/resubmitted at the discretion of the teacher. Students are encouraged to correct/resubmit assignments when the opportunity arises.

FINAL EXAMS

Each semester ends with a final exam or culminating activity in each subject area, wherein the grade is an important component of the semester grade. Final exams are scheduled for the last 3-4 days of each semester. Final exams are to be taken on the day scheduled (see the current school calendar for scheduled dates). On the rare occasion that a student needs to make up a final exam, the student must make arrangements to take the exam within the first two weeks of the following semester. The final grade will be calculated with the current grade in the class and a zero on the final until a grade change is submitted by the teacher upon completion of the final exam. Early final exams will not be offered.

SCHOOL-WIDE RULES & REGULATIONS

The goal of MMHS is to provide a safe and comfortable learning environment. MMHS rules are based on a few simple considerations: good taste, courtesy and safety. Students should review the rules listed below, as they will be held responsible for knowing and following them at school and school related events.

Progressive discipline consequences will be assigned to students who repeatedly fail to follow these established rules which could lead to suspension from school or ultimately expulsion from MVUSD. On-campus Intervention (OCI) is used for students who are sent out of class for behavior reasons, non-suits in PE, those who missed a Saturday school or who violate dress code and are awaiting correction. Students are expected to follow the rules in OCI, and any class work they miss may be sent to the OCI classroom. OCI is the first step of progressive discipline that can lead to suspension, with Saturday School being utilized for repeat offenders. Students may be put in OCI in lieu of suspension as an opportunity to address an infraction at the administrator's recommendation. If students are sent out of OCI for behavior reasons, the student will be suspended.

The Rules are as followed:

1. All Students MUST have their identification card in their possession at school and while attending school related activities.
2. Students MUST have their ID card and a hall pass if out of class during assigned class time. Students being requested by the office will be sent an office call slip. Hall passes will not be permitted the first 15 minutes or last 15 minutes of class.
3. Students are to exhibit acceptable standards of behavior at all times on campus and during school activities.
4. To ensure student safety, MMHS is a closed campus. Students are not permitted to leave campus at any time without prior authorization. This includes break and lunch.
5. Student parking is permitted only in the student parking lots with a current parking permit. If parked in any other location, the offense will result in a citation. Reckless driving is not permitted. Any student driving recklessly on campus may be cited and/or have parking privileges revoked. No refunds will be made if student's parking privileges are revoked. Parking lots are out of bounds during class time, passing periods, break, and lunch. Loitering in the parking lot before, during or after school is not permitted. *All vehicles parked on the Murrieta Mesa High School campus are subject to search by administration if there is reasonable suspicion that the vehicle may contain an item or items that are against our safe school policy.*
Students with parking permits who receive excessive tardiness/truancies in a semester will have their parking permit revoked with no refund. Driving to MMHS and parking is a privilege, not a right and will/can be revoked.
6. Food and drinks are not permitted in the classrooms or hallways at any time. At lunch, keep MMHS beautiful and throw away all trash.
7. Skateboards, roller blades, scooters and bicycles are not to be ridden on campus at any time (day or night). These items will be confiscated. These items may be locked in the bicycle rack during school hours.
8. MMHS related publications, posters and announcements may only be distributed with prior administrative approval and only in designated posting areas. *(Outside publications or flyers must be MVUSD approved)*
9. No sharpie pens or any other type of permanent marker may be carried by students on campus at any time.
10. Students caught jay walking may receive a citation for unsafe conduct in the parking lot.

ELECTRONIC DEVICE POLICY

The electronic device policy, based on recent legislation (listed below), allows students to have cell phones on campus for emergency situations only. Therefore, cell phones are allowed on campus but must be turned off and out of sight during school hours. Students will not be given permission to leave class to return or answer a cell phone call. **Students may not have cell phones out during class for checking time, calculating, picture taking, text messaging, incoming/outgoing calls, electronic bullying, electronic threats, or "sexting" (pornography sent via cell phone) or for any other reason. Absolutely no cell phones, cameras or recording devices are allowed in locker rooms. If students need to call a parent or guardian, they must come to the student support center or the attendance office. Electronic devices, other than cell phones, are not to be brought to school. This includes any audio or video devices such as ear buds, headphones, IPODs, MP3/MP4 and CD players, games, etc. They may not be used in school without specific permission from staff. If you choose to bring a cell phone, you do so at your own risk. MMHS does not have staffing to investigate and is not responsible for loss or theft of any electronic devices. If students put electronic devices in their locker, students are responsible for locking their lock. Loss or theft of any item should be reported to the School Resource Officer.**

California Education Code Section 51512 provides for...disciplinary action to be taken if a student uses, without expressed permission from a teacher, any electronic recording or listening device:

"The Legislature finds that the use by any person, including a pupil, of any electronic listening or recording device in any classroom of the elementary and secondary schools without the prior consent of the teacher and the principal of the school given to promote an educational purpose disrupts and impairs the teaching process and discipline in the elementary and secondary schools, and such use is prohibited. Any person other than a pupil, who willfully violates this section, shall be guilty of a misdemeanor. Any pupil violating this section shall be subject to appropriate disciplinary action. This section shall not be construed as affecting the powers, rights, and liabilities arising from the use of electronic listening or recording devices as provided for by any other provision of law."

CONSEQUENCES

First Offense – The electronic device is taken away by the staff member and will be delivered to student services by teacher. The student may pick up the device at the end of the day in student services.

Second Offense – The electronic device is taken away by the staff member and taken to student services. An administrator will call parent and notify them of second offense.

Third Offense – The electronic device is taken away by staff member and taken to student services. The parent must pick up the device. The student will be assigned a Saturday school for defiance.

CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES "NO GO LIST"

Students on the "No-Go List" cannot participate in any co-curricular or extra-curricular activities. An administrator for various infractions or for un-served discipline places students on the "No-Go List". If a student needs to schedule an alternative time or activity to serve the consequences before the next Saturday school, he/she needs to see their grade level administrator. Any student suspended within 30 days of the event they wish to attend must have their eligibility reviewed and approved by administration in order to attend the event. In addition, all students must have a 2.0 GPA for the previous grading period to participate in a school-sponsored activity. Discipline is cumulative over the course of 4 years. For example, unserved discipline will "roll over" to the next year.

The Governing Board believes that the responsibility for the dress and grooming of a student rests primarily with the student and his or her parents or guardians and that appropriate dress and grooming contribute to a productive learning environment. Therefore, the Board expects students to give proper attention to personal cleanliness and to wear clothes that are suitable for the school activities in which they participate.

School-directed changes to a student's attire or grooming should be the least restrictive and disruptive to the student's school day. Any school dress code enforcement actions should minimize the potential loss of educational time. Administration and enforcement of the dress code shall be gender neutral and consistent.

This policy applies to all individual schools. Schools may not enact more restrictive or less restrictive dress and grooming codes.

Minimum Safe Attire

Student attire and grooming must permit the student to participate in learning without posing a risk to the health or safety of any student or school district personnel.

- a) Students must wear clothing including both a shirt with pants or skirt, or the equivalent (for example dresses, leggings, or shorts) and shoes.
- b) When the body is standing straight, clothing must cover the chest, torso, and lower extremities from the armpit to mid-thigh. At no time may any part of a student's buttocks be exposed.
- c) Clothing must cover undergarments. No underwear may be visible, including but not limited to: boxers, briefs, bras and bra straps, panties, thongs. Bare midriffs are prohibited.
- d) Clothing may not be see through.
- e) Clothing must be suitable for all scheduled classroom activities including physical education, science labs, shop classes, field trips and other activities where unique hazards, specialized attire, or safety gear is required.

Attire or grooming depicting or advocating violence, criminal activity, gang-related activity (including professional sports wear and/or colors identified by MPD as gang-affiliated), use of alcohol or drugs, pornography, or hate speech, and clothing that reveals undergarments or accessories that could be considered dangerous or could be used as a weapon are prohibited.

Dress Code Enforcement

No list of dress and appearance guidelines for students can be written that will anticipate all potential dress and grooming extremes. In the case of questionable dress or grooming that is not specifically covered in the list above, the administration will make the final decision. Appropriate action will be taken at that time, and when necessary, a home contact will be made seeking parental cooperation and assistance.

The administration retains the sole discretion to make the final determination whether clothing, jewelry, accessories and/or appearance meet acceptable standards. All school certificated and classified personnel shall be responsible for reporting violations of this dress code. When a dress code violation occurs, the students will be required to change into proper attire. Continued violations of the dress code will be considered defiance and will be referred to an administration for disciplinary action.

- **Administration reserves the right to determine appropriate dress code as fashion trends change.** Students must abide by the MMHS student dress code on school spirit days.

Discipline related to Tardy Infractions.

Students are allowed 5 tardy infractions, regardless of the reason, for the year. The 6th tardy will result in:

- Before School Detention will be held Tuesday and Thursday mornings from 7:45 am to 8:20 am.
- Lunch and afternoon detentions will be offered by appointment only.
- A student will receive a Saturday School if they have 15+ tardies or 1 truancy (unverified absence).
- Unfortunately, this may cause some students to miss opportunities for dances, field trips, etc.

Breakdown of progressive discipline: 6 or more Tardy (6,8,10, etc) = Before School detention.

15 + tardies = Saturday School. You will remain on the No-Go list until you clear your detention(s), Saturday School, or discipline.

Failure to attend Saturday School will result in a 1 day On Campus Suspension and student will be placed on No Go list for the remainder of the grading period. 2 Saturday Schools or 10 Before School Detentions will result in No Go list for the remainder of this grading period and the next.

JUNIORS AND SENIORS:

- Your parking pass may be suspended or revoked without refund if you are unable to arrive to school on time. This includes late start and early release.
- If you receive 2 Saturday schools for attendance or discipline related reasons you may lose your parking permit for the remainder of the year
- Seniors will lose senior activities if they receive 3 Saturday Schools.
- You will lose your TA class, late start and/or early release if you are tardy 20 times (cleared or not)
Sophomores/Juniors: this will also prohibit you from registering as a TA or for early release/late start for the following year. (if you are not in these classes the current school year)

HOW TO CLEAR DISCIPLINE

- Morning Detention (Tuesday/Thursday) at 7:45 am to 8:20 am = 2 Detentions
- Saturday School = 10 Detentions
- Early Release/Late Start Detentions = 4 Detentions per class
- Lunch/Afternoon Detention (by appointment only) = 1 Detention

MMHS PARKING /DISMISSAL RULES

Murrieta Mesa High School has a parking program to ensure safety and to prevent unauthorized vehicles from parking on campus. Students must obtain a parking permit (from the Bookkeeper) before they may park a car in the student lot (see website for current pricing and forms). Students may only park in the student lot. At that time, they will receive a copy of the parking rules that require a parent signature. Students who do not follow parking rules will be ticketed and assessed a fine or ultimately denied parking privileges. The student lot is located in front of the gym area. Students may not loiter in parking lots at any time (before, during or after school) - those who do, will be assigned Saturday School. **Students who have excessive tardiness/truancies/absences per semester will have their parking permit revoked with no refund given.** MVUSD is not liable for any loss, damage or theft in parking lots. Students who park off campus during school hours in unauthorized areas (i.e., Shopping center) may be subject to being ticketed or towed.

- Every vehicle parked on the MMHS campus during school hours must have a site issued parking permit visibly displayed from the rearview mirror.
 - Each vehicle that parks in any MMHS parking area must have the front of the vehicle leading into the marked stall.
 - Each vehicle parked in a marked "reserved" stall must display a permit which is designated to park in that assigned "reserved" stall. No students shall park in stalls designated for staff.
 - The student parking lot is located off Monroe Avenue through the main school parking entrance on the left side in front of the gym.
 - Visitor/Staff parking is in Student Parking lot by the main entrance (in front of the Impact Center).
 - All students wishing to park on campus need to purchase a parking permit from the Bookkeeper.
 - No vehicle shall park along any red curb.
 - Vehicles shall not park in an area that is designated 'no parking' by the Murrieta Fire Department, Murrieta Police Department or Murrieta Mesa High School. The 'no parking' area will be clearly marked. A violation will result in a citation.
 - No vehicle shall park in more than one marked stall.
 - Any unsafe and/or reckless driving will result in revocation of parking permit, citation by school and/or MPD and/or school discipline consequences.
 - Any violation of these parking rules may result in a citation and/or revocation of parking permit.
- * If in possession on person or vehicle of alcohol, drugs, tobacco, drug paraphernalia, vape (marijuana/tobacco) can result in revocation of parking permit.
*** Vehicles parked on MVUSD property are subject to search by Administrator to ensure student safety.**

SEXUAL HARRASSMENT

WHAT IS HARASSMENT?

- Sexual harassment: unwelcome sexual advances, requests for sexual favors or other verbal or physical conduct of a sexual nature.
- Uninvited behavior that makes being in the school offensive, negative, unfriendly and/or intimidating and leads to a hostile environment that makes learning difficult.
- "This for That/Something for Something Else" is another form of harassment. Examples: The manager at the fast food, place in which you work says that you will be fired if you do not engage in certain behaviors with him/her; someone blocking the door and refusing to let you through unless you agree to certain behaviors.

VS

FLIRTING

Flirting
 Welcomed behavior
 Leaves you feeling positive
 Respectful
 Fun
 Flattering
 Enjoyable

SEXUAL HARASSMENT

Sexual Harassment
 Un-welcome behavior.
 Leaves you, feeling negative.
 Disrespectful
 No fun
 Unpleasant
 Illegal

**SEXUAL HARASSMENT OFTEN GOES UNREPORTED
REPORTING IS THE ONLY WAY TO GET HELP**

WHAT CAN BE DONE? TAKE ACTION!

ASSERT YOURSELF: Tell the harasser to stop the behavior. Tell him or her aloud or in writing what behaviors you find offensive.

CALL FOR HELP: Ask for the help of someone you trust — your friends, parents or a person in authority. Tell them of your problem. Enlist friends as witnesses.

TAKE NOTES: Keep a detailed, written record of what was said and done to share with the person who investigates your complaint.

INFORM AUTHORITIES: Report the offensive behaviors to a teacher, counselor or principal. Give details and provide witnesses. This action may stop the behavior.

OPEN A CASE: File a complaint with you counselor of administrator against the person who is harassing you.

NEVER GIVE IN: If you are not satisfied with the results of the complaint, continue to take action and get help from your principal.

Sexual Harassment is based upon the impact on the victim, not the intentions of the perpetrator.

If a student has been proven to have caused sexual harassment,

He/she will be suspended from school and possibly recommended for expulsion.

DEFINITION OF BULLYING

- Bullying is exposing a person to abusive actions repeatedly over time and becomes a concern when hurtful or aggressive behavior toward an individual or group appears to be unprovoked, intentional, and (usually) repeated.
- Bullying is a form of violence which involves a real or perceived imbalance of power, with the more powerful child or group attacking those who are less powerful. Bullying may be *physical* (hitting, kicking, spitting, pushing), *verbal* (taunting, malicious teasing, name calling, threatening), or *emotional* (spreading rumors, manipulating social relationships, extorting, or intimidating).
- Bullying can include any severe or pervasive physical or verbal act or conduct, including: communications made in writing or by means of an electronic act, directed toward one or more students that has or can reasonably be predicted to have the effect of placing a reasonable student in fear of harm to himself/herself or his/her property; cause the student to experience a substantially detrimental effect on his/her physical or mental health; or cause the student to experience substantial interferences with his/her academic performance or ability to participate in or benefit from the services, activities, or privileges provided by a school.
- Bullying also includes one or more acts by a pupil or group of pupils directed against another pupil that constitutes sexual harassment, hate violence, or severe or pervasive intentional harassment, threats, or intimidation that is disruptive, causes disorder, and invades the rights of others by creating an intimidating or hostile educational environment, and includes acts that are committed personally or by means of an electronic act, as defined, that has any of the effects described above on a reasonable student.
- Electronic act means the transmission of a communication, including, but not limited to, a message, text, sound, image, or post on a social network Internet web site, by means of an electronic device, including, but not limited to, a telephone, wireless telephone, or other wireless communication device, computer, or pager. A post on a social network Internet web site shall include, but is not limited to, the posting or creation of a burn page or the creation of a credible impersonation or false profile for the purpose of causing a reasonable student any of the effects of bullying described above.
- Reasonable student means a student, including, but not limited to, a student who has been identified as a student with a disability, who exercises average care, skill, and judgment in conduct for a person of his/her age, or for a person of his/her age with his/her disability.

ATTENDANCE POLICIES

NOTE: ONLY A PARENT/GUARDIAN MAY CLEAR ABSENCES, TARDIES, OR REQUEST AN OFF-CAMPUS PASS.

TO REPORT AN ABSENCE

Parent/Guardian may send a written note with your student or call the Attendance Office. If you choose to call, please call the attendance

24-hour voicemail at **(951677-0568)**, press 1 for attendance. Please leave the following information: the student's first and last name (please spell the last name), date of the absence, reason for the absence, your name and relationship to the student, and your contact phone number.

Absences must be cleared within 3 school days. The absence will be unverified if not cleared.

TARDY STUDENTS

Students are considered tardy if they are not in class when the bell rings. All students arriving late must check in through the attendance office before proceeding to class.

Tardy under 30 minutes without a note or phone call: Receive a Detention.

A parent/guardian may call by 2:30pm **on the same day** to clear the tardy and remove the detention.

Tardy over 30 minutes without a note or call: Will result in a truancy and sent to class for the remainder of the period. However, if a student arrives with only 30 minutes left of the period, they will be marked truant and will be sent to OCI for the remainder of period.

(30 minutes late will result in a truancy and Saturday school).

TO CLEAR A LATE ARRIVAL

Please send a written note or leave a phone message **before** your student arrives to clear their late arrival. Be sure to include the reason for being late. (Please see Pg. 8 for discipline related to tardy infractions)

ALL STUDENTS ARE ALLOWED 3 TARDIES TO BE EXCUSED DUE TO PERSONAL REASONS EACH SEMESTER.

OFF-CAMPUS PASSES

Student Driver: Parents/Guardians should call in advance (1 hour if possible) to request the pass. Please leave the following information: student name, time leaving, student driver, reason for leaving, your name and relationship to student, and your contact phone number. The student is required to show their valid driver's license. If the student brings a note in, you will be contacted to verify the note. If you cannot be reached, the student will not be allowed to leave campus.

Parent Pick-up: Parents/Guardians are required to come to the Attendance Office to sign their student out. Please call in, advance (1 hour if possible) to request the pass. If someone else is picking up your child, please leave their full name. If they are not a sibling, they must be over 18 years old. Anyone signing out a student must show a valid picture ID.

NOTE: CLASSES WILL NOT BE DISTURBED AFTER 2:30PM

PERSONAL BUSINESS/FAMILY TRIPS

Parent/Guardian must call in advance, and student should contact teacher ahead of time for schoolwork that will be missed. This absence is coded as "U" unexcused, according to state guidelines. It is at the teacher's discretion to give make-up work.

TRUANCY

A student is considered truant if they are off campus or out of class more than 30 minutes without a valid excuse.

Consequences: OCl, Saturday School, Parent meeting, referral to SRO and/or referral to School Attendance Review Board (SARB).

Attendance: Any students whose attendance rate drops below 95% for the fall semester or 90% for the year,

May lose the opportunity to attend school sponsored events.

LIBRARY INFORMATION

HOURS

The library at MMHS is open from 7:00 a.m. to 3:30 p.m. Monday through Friday. Students may come in before school, after school, during break and during lunch. During class time students need a pass to visit the library and students are asked to sign in.

LIBRARY WEB SITE

In our traditional library setting there is a collection of books, multimedia materials, and magazines. Our "virtual" library is a huge information universe accessible via the library web page: www.murrieta.k12.ca.us/Domain/2117 . Click on the library link.

There are 2 extensive online databases which require special web address and passwords. (See below.)

The library web page also has links to help with research projects, assignments and links to other useful sites on the internet:

EBSCOHost

Reference books, magazines, newspapers & more:

<http://search.ebscohost.com>

User ID: mmhs Password: rams

Encyclopedia Britannica Online

General encyclopedias for all grade levels plus links to

Online resources:

<http://school.eb.com>

User ID: mvusd Password: Library

GENERAL INFORMATION

A Murrieta Mesa High School ID card is required to check out library and textbooks. Student ID with the Internet logo is required to use a computer in the library.

Books are checked out for a two-week period, and notices are sent to students who have overdue books. No overdue fines are charged but students who ignore overdue book reminders are restricted from all book check-out and computer uses until books are returned or paid for. A record of current library checkouts can be viewed by parents and students in AERIES

Textbooks are also checked out through the library. Students keep a copy of their text at home and use a class set at school during class time. Copies of textbooks are available for use in the library when students need to do homework. All books are returned or paid for at the **end** of the school year. With the exception of textbooks for AP classes, textbooks cannot be kept over the summer.

The library environment is reserved for quiet study. Students should seat themselves at existing seating, no more than eight per table, and conversation is limited to tutoring fellow students or small group cooperative assignments. Food and drink are not permitted in the library at any time.

Each year beginning in September, NHS &CSF students offer school tutoring on a first come first serve basis to assist students.

HEALTH OFFICE INFORMATION

EMERGENCY CARDS

Each student must have an emergency card on file each year that includes current parent contact information as well as 2 – 3 local contact numbers in case of an emergency, injury or if a student is ill. This must be submitted at the beginning of each school year and updated during the year, if numbers or information changes. This is extremely important to have current contact numbers because if we are unable to reach a parent or contact person, we may be forced to call 911 if the students is in need of medical care. All attempts will be made to contact the parent prior to contacting any emergency contact. If the student is being picked up from school and it is not due to our request (not due to illness or injury, etc.), we can only release them to the emergency contact if we have prior permission from the parent.

IMMUNIZATIONS

All students enrolling in school must show proof of adequate immunizations. High school students are required to have a minimum of 4 Polio and 4 DPT-one Dose of each must have been given after the 4th birthday. Additionally, they are required to have 2 MMR (given on or after the first birthday) and 3 Hepatitis B. Verification of Tdap vaccine is also required. It must have been given on or after the 7th birthday. Please check with your own health care provider or contact the school nurse if you need additional information.

The District website has all immunization requirements, or you may contact the health office if you have any questions or need assistance.

MEDICATION

California education Code 49423 requires that any student who takes medication (including over the counter medications) during the school day must have written parent permission as well as written physician permission on file. All medications must be stored in the Health Office (students are not allowed to carry medications-except for inhalers and diabetic supplies, but written permission must be on file). Medications must be brought to school by an adult and must be in their original, labeled container (no baggies or individual pills). Each medication must have a separate permission form completed. Forms are available in the Health Office or on the District Website under Health Services.

HEALTH PROBLEMS/ALLERGIES

If a student has any health problems, we need to be aware of, such as arthritis, seizures, hearing loss, heart problems, diabetes, allergies, etc. please notify the School Nurse so we can work together in making necessary adjustments to ensure each student's success at MMHS. No peanut butter or other food items are to be served in the classrooms this is a district wide policy. Feel free to contact the health office if you have any health concerns or questions.

HEALTH OFFICE PROCEDURE

For the students' convenience, a phone is located in the health office and is available for use during break and lunch. Students **MUST GO HOME** with a fever of 100 degrees or they are vomiting.

HEALTHY STUDENTS LEARN BETTER – Kim Sirichaisintop, Health Technician – Megan Moreno, School Nurse

ACTIVITIES AND CLUBS

WELCOME

We hope you will join a team, club or organization as part of your educational experience at MMHS. Our student activities program will host many events such as dances, assemblies, community service projects, recognition programs and cultural events that are designed to ensure all students are actively engaged in school. The Activities Office is located by Ovation Court and the student store. You are always welcome to stop by our offices to find out about upcoming events and information about clubs or organizations. The student store sells Ram gear such as sweatshirts, t-shirts, hats and snack items.

USB CARDS

USB Cards are the main source of income for our campus activities, recognition programs and athletic events. The USB Card is an identification card and provides a variety of discounts for Murrieta Mesa High School students.

- Free admission to home athletic events (CIF Playoffs and tournaments are excluded)
- A discount at school events.
- A discount on the yearbook and video yearbook.
- Discounts at local businesses throughout the community.

See the website for current pricing of the USB card. Activities supported by USB Cards are school events, academic recognition programs, athletic recognition programs, cultural programs, assemblies, academic clubs, and academic organizations. We hope you will purchase a USB Card while saving money and supporting MMHS.

There is a \$5 replacement charge for lost or damaged I.D. or USB/I.D. Cards

ACADEMIC LETTERS

Academic letters will be earned by students who have completed their fourth semester and have a cumulative 4.0 grade point average. Students who have completed their 5th semester, must have a cumulative 3.75 grade point average with no D's or F's. Students who have completed their 6th or 7th semester must have a cumulative 3.5 grade point average with no D's or F's. All students must be in a minimum of 4 core classes (English, history, math, and science or world language). Transfer students must abide by the same criteria.

GENERAL POLICY FOR SCHOOL-SPONSORED EVENTS

1. Administrators and faculty members have full authority to admit, refuse admission to, or dismiss any student /guest from any event.
2. All MMHS students must receive prior approval to bring a guest and are responsible for their guest's conduct.
3. Participants at events are to be courteous, friendly, and polite. School regulations apply to students and visitors at all times during the event both on and off campus.
4. All events will be scheduled at the discretion of the Principal, Activities Director, and Student Government.
5. **At all events**, all students will be asked to present a Student ID card at the ticket office and at the entrance door.
6. Guests at formal school dances will be required to obtain a guest pass before the dance and present **a photo ID and the guest pass at the entrance door**. Guest passes are due at the Activities Office forty-eight hours before the scheduled event. No guest passes will be issued at the time of a dance. Murrieta Mesa High School students must bring their I.D. card when attending school dances and activities.
7. Students are not to loiter on or near campus after school events. For events at other sites, the same school rules apply.
8. Students or guests who do not display appropriate behavior at a school event will be required to leave. Parents will be contacted and required to pick up their son/daughter immediately. Until such time as they arrive, the student or guest will remain with the administrator in charge.
9. Any student placed on home or in-school suspension by an administrator or who is on expulsion status will be placed on the "no-go" list and may not attend or participate in school events for the duration of the suspension or expulsion.
10. Any student on the "No Go List" will not be able to attend events. Students may contact their grade level administrator regarding how to be removed from the list.

RAM DANCES/DANCE POLICY

Several school dances are held during the school year. Some dances follow athletic events, while others are for an entire evening such as a semi-formal/formal dance open to all MMHS students. Students must have I.D. cards to attend any school dance. Students must attend school on the day they attend a dance. Students must follow the MMHS dress code for dances. The cost of dances may vary, and in most

cases, a savings is enjoyed by USB card holders. When your date for the semi-formal/formal dance is not a student of Murrieta Mesa High School, you must obtain a guest pass from the Activities Director and obtain a signature of approval from your administrator and an administrator from the guest's school. REMINDER: All Murrieta Mesa High School students are responsible for the action and behavior of their guests. All guests must be under the age of 20 and if not enrolled in high school, they must meet with MMHS principal. A student who leaves the dance may not return. All students who attend the semi-formal/formal dances cannot be on the "no-go" list, and/or have any library or bookkeeping debts. The wrist band policy will be enforced for inappropriate dancing as outlined on the dance behavior rules and permission slip.

WRIST BAND POLICY

All students that attend Murrieta Mesa dances will be given a wrist band. If spoken to regarding inappropriate behavior, their wrist band is cut off. If they are spoken to a second time, they will be excused from the dance and parents will be contacted. There are NO refunds for inappropriate behavior.

DANCE POLICY

To prevent inappropriate dancing and ensure the safety of your student(s), please read over the following dance rules with your student. **Students with excessive absences, tardies, or truancies may lose this privilege, (Senior activities, Prom, etc.).**

Dance Behavior Rules

- **All Students MUST Stand while Dancing.**
- Both feet must be on the ground
- No dancing while bending in an acute or 90° angle with the partner behind them.

- **No Inappropriate Touching**
- No touching someone below the waist
- Dancing face-to-face and front-to back is accepted as long as there is ample space between dance partners.
- No kissing or public display of affection

- **No Dancing that could potentially Hurt Others**
- No jumping on other people
- No mosh pits.

CLUBS/ORGANIZATIONS

Murrieta Mesa High School offers a variety of organizations on campus. All co-curricular organizations have a minimum 2.0 G.P.A. requirement. A student who falls below the 2.0 G.P.A. requirement will be ineligible for participation in outside activities until the next grading period in which they meet the 2.0 G.P.A. requirement. Club Rush Day is held at the beginning of each semester in the courtyard where students can meet members and sign up if interested. New clubs may be formed if they meet school and MVUSD guidelines. Contact the USB Director or member if you wish to start a new club. Clubs meet during lunch or after school. Listen to the daily bulletin for meeting information. Check the school website for a list of clubs/groups and additional information.

PERFORMANCE GROUPS

MARCHING BAND	CONCERT BAND/ORCHESTRA	CHOIRS	PERFORMANCE CORP	NJROTC
CHEER	DANCE	DRAMA	BALLET FOLKLORICO	OHANA HA'AHEO

ACADEMIC ORGANIZATIONS

CALIFORNIA SCHOLARSHIP FEDERATION (CSF) MEMBERSHIP REQUIREMENTS

The California Scholarship Federation (CSF) is a prestigious organization, exclusive to the state of California, whose purpose is to foster high standards of scholarship, service, and citizenship. *Scholarship* and *citizenship* are the basic requirements to be eligible for the CSF Federation. Students must have a 3.0 Academic GPA and nothing less than a satisfactory citizenship mark on their report card. Points are issued for particular courses and grades and become the determining factor for qualification. Service is reflected through projects conducted by each chapter. CSF students must remain ready to be called upon to provide any needed service for our school and community.

One of the main functions of CSF is to recognize academic accomplishments in tangible ways. Beginning the second semester of 10th grade, a student with an academic 3.0 GPA or higher may apply for membership based on the previous semester's grades. Membership is for the duration of one semester and members must reapply each semester, and also pay their semester dues. All members must complete community service hours each semester (in addition to the MMHS community service graduation requirement) in addition to maintaining their grades to remain eligible as an active member. Members who are active members for four of the six semesters are considered "life members" and students who are eligible all 6 semesters are considered 100% members. Attendance at CSF meetings is mandatory in order to remain eligible as an active member. All CSF members receive honor cords to wear at graduation. Life members receive a CSF certificate of Life Membership and 100% members receive a CSF certificate of 100% Membership with an embossed gold seal on their diplomas.

NATIONAL HONOR SOCIETY (NHS) MEMBERSHIP REQUIREMENTS

The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school level students. More than just an honor roll, NHS serves to honor those students who have demonstrated excellence in the areas of Scholarship, Leadership, Service and Character. Chapter membership not only recognizes students for their outstanding academic accomplishments, but also challenges them to further develop through active involvement in school activities and community service. In order to be invited for membership, students must have a minimum 3.85 academic GPA. Each candidate packet is reviewed by the NHS Faculty Council and selection is based on a point system/rubric for the application and interview. Acceptance into the society is announced once the Council has completed interviews and made its decision. Candidates will then be inducted into the Society in a formal ceremony.

Continued membership requires the NHS student to maintain a 3.85 academic GPA, enrollment in rigorous course work, provide 5 hours of tutoring per semester, remain active in a school sponsored community project, pay semester dues and attend all NHS meetings. Should any of these areas be neglected, membership will be subject for review by the NHS Faculty Council and a student may be placed on probation or dismissed from NHS.

PHYSICAL EDUCATION

PE UNIFORMS

All students are expected to dress in their physical education uniform for physical education class. The uniform consists of a MMHS T-shirt, shorts and laced rubber soled tennis/athletic shoes. Socks must also be worn. In addition to the uniform, students may wish to wear sweats for cold weather days. MMHS sweatshirts, sweatpants, and hooded sweatshirts are also available for purchase. Pants, jeans, jackets, street shoes and flannels are not permitted.

Sweats may be green, gold/bronze, or grey. Sweats may not be cut off and may not have any lettering or designs other than Murrieta Mesa High School designs and logos. The Physical Education Department will not accept half shirts, torn or altered shirts, or clothing with inappropriate writing displayed. Student's name must be written clearly on the front of his/her physical education shirt and shorts and should be written in any other physical education attire to prevent loss or theft. Borrowing or sharing uniforms between students is prohibited.

Clean physical education uniforms are available for loan to students who have an emergency or economic need. The student's I.D. Card is required in order to borrow a uniform for class.

Students who refuse to dress in appropriate PE attire (excessive non-dress) will be sent to their grade level administrator for defiance.

LOCKS/LOCKERS

All students enrolled in a physical education class will be assigned a locker to store their physical education uniform and his/her street clothes and personal belongings. Each student is responsible for securing their own belongings, which means lockers need to be locked. There is no sharing of locks or lockers. Administration will not investigate stolen property from unlocked lockers.

MMHS reserves the right to remove any locks (locks placed on a locker not assigned to that specific student or locks left on large lockers by students who do not have physical education that period). The school accepts no liability for lost or stolen clothes or locks. Students are required to clean out their lockers at the end of the semester. Anything remaining in or on the lockers will be removed and discarded.

DANCE/AEROBICS

General dance class and aerobic fitness class apparel must follow the Mesa dress code standards. All tops worn in class must cover the torso/midriff. Breasts/cleavage cannot be exposed. All bottoms worn in class must cover the buttocks. All undergarments must be covered. For aerobic fitness, the student will need an athletic style shoe. For dance, jazz shoes or foot undeez are recommended. Gum chewing is strictly forbidden.

Acceptable Tops: Women and Men – Mesa Pride Physical Education t-shirt; plain, heather gray scoop neck traditional cut t-shirt – not altered in any way.

Acceptable Bottoms: Women and Men – Mesa Physical Education shorts; black or gray sweatpants; black or gray yoga style pants; black or gray jazz pants, black or gray Capri length or longer leggings.

Not Acceptable Tops and Bottoms: Women and Men - Clothes worn to school; clothing that is too tight, that will not allow free movement; jeans of any kind; clothing with zippers, buttons, or snaps; any shorts other than the Mesa PE short; crop tops; tank tops; spaghetti strap tops; see through, sheer, or lace tops; tops that expose the undergarments; V neck tops; extreme oversized baggy clothing; pajamas, street shoes.

ATHLETIC PROGRAMS

To participate in athletics at Murrieta Mesa High School, a student must:

1. Have earned a minimum 2.0 or "C" grade point average on a 4.0 scale. (See Board Policy 6145 A&B). Students first entering high school from the eighth grade and not meeting initial eligibility requirements due to a grade point average below 2.0 will be allowed one probationary period to remain eligible to participate in interscholastic athletics. The probationary period shall not exceed the fall progress report period or be allowed for any other time other than the period from the start of the school year to the first 6week progress report.
2. Complete a MMHS Athletic Participation Handbook.
3. Student-athletes are encouraged to purchase a USB card to receive discounts on athletic events.

SPORTS PHYSICALS

Any student planning to participate in a sport (including spirit groups) must have a sports physical yearly. The Athletic Department will notify students/parents when physicals are available through the school.

FALL
(AUGUST - NOVEMBER)
Football – V/JV/Frosh
Girls Volleyball –V/JV/Frosh
Co-ed Cross Country –V/JV
Girls Golf-V
Girls Tennis-V/JV
Boy's Water Polo-V/JV
Cheerleading – V/JV/Frosh

WINTER
(NOVEMBER - FEBRUARY)
Boys Basketball – V/JV/Frosh
Girls Basketball – V/JV/Frosh
Girls Water Polo-V/JV
Boys Soccer – V/JV
Girls Soccer –V/JV
Boys Wrestling –V/JV/Frosh
Girls Wrestling
Cheerleading – V/JV/Frosh

SPRING
(FEBRUARY - MAY)
Softball – V/JV/Frosh
Baseball – V/JV/Frosh
Co-ed Track-V/JV
Boys Tennis-V/JV
Boys Golf -V
Co-ed Swimming –V/JV
Boys Lacrosse – V/JV
Girls Lacrosse - V/JV
Boys Volleyball V/JV/Frosh

GRADUATION AND UC/CSU ADMISSIONS REQUIREMENTS

VALIDICTORIAN/SALUTATORIAN

Valedictorian/Salutatorian will be determined by using the seniors' seven semester grades and the 12week grades of their seventh semester.

To earn a high school diploma from Murrieta Mesa High School, a student must:

1. **Successfully complete a minimum of 230 semester credits as described below.**

2. Successfully complete Community Service:

Each student must participate in 40 hours of volunteer work in an approved non-profit community service project or program. 3.

Successfully complete the Senior Exit Interview by their senior year. *Due to Covid 19, Class of 2024 will be required to complete 20 hours, Class of 2025, 30 hours, and Class of 2026 will complete the standard 40 hours.*

3. Successful completion of Junior Reflective Project.

4. Successful completion of Senior Culminating Project.

MINIMUM MMHS Graduation Requirements		California State University Minimum Eligibility Requirements for Freshman University Admissions	University of California Minimum Eligibility Requirements for Freshman University Admissions
English	4 years 40 credits	4 years	4 years
Math	3 years 30 credits Algebra I required	3 years - Algebra I, Geometry, and Algebra II	3 years required. 4 years recommended
Science	3 years 30 credits (1 yr. life) (1 yr. physical) (1 yr. additional)	2 years of lab science required Biology Chemistry.	2 years required. Biology, Chemistry or Physics 3 years recommended
Social Science/ History	3 years 30 credits (1 yr. World. History) (1 yr. U.S. History) (1 yr. Gov./Econ)	2 years – World History and US History	2 years – World History and U.S. History
World Language	1 year 10 credits	2 years of the same World Language	2 years of the same World Language 3 years recommended
Visual/ Performing Arts	1 year 10 credits	1 year of the same UC/CSU approved Visual/Performing Arts *refer to UC/CSU a-g list	1year Visual Performing Art Art-Music-Drama-Dance
Physical Education	2 years 20 credits		
Health Intro. to Computers/ Careers	1 semester 1 semester 10 credits		
Electives	50 credits	Academics Electives: refer to the UC/CSU a-g approved course list	1 year required from UC/CSU a-g approved course list Refer to the UC/CSU a-g approved course list
TOTAL	230 CREDITS		

How to Earn Alternative Credits Toward Graduation:

Students may earn college credits while still attending high school. The following criteria must be met to earn these credits: (Ed. Code 48800)

1. The course subject is included in the high school course of study or is approved by the high school counselor.
2. The student must be in good academic standing at the high school.
3. The student applies in writing for the credit. The student must complete the community college/school/parent agreement and turn it in to their counselor.

COMMUNITY SERVICE

Community Service at Murrieta Mesa High School is 40 hours of volunteer work. Students may **not** work for a family member for money or for credit. Community Service must be completed for an approved non-profit organization. It can be for more than one organization. An adult overseeing the service must sign off the community service form. Check with your counselor if you are not sure if the job is appropriate for community service. Check the website and bulletin boards in the career center for community service opportunities. Community service log sheets are located in the student services and on the Mesa website. *Due to Covid 19, Class of 2024 will be required to complete 20 hours, Class of 2025, 30 hours, and Class of 2026 will complete the standard 40 hours*

UC/MMHS APPROVED PREPARATORY CLASSES

Each year lists of high school courses meeting University of California preparatory standards are submitted to the UC Review Board. Once approved, these are the only courses that may be used to fulfill subject requirements for admission to University of California campuses. The following courses meet requirements for admission to the University of California.

(a) HISTORY

Modern World History
US Government (sem.)
US History
(AP) US History
(AP) Government/Politics
(AP) Human Geography
(AP) World History

(b) ENGLISH

English I/English I – SADIE
English I Intensive
Advanced English I
English II
Advanced English II
English III
College English 92
Expository Reading and Writing 11
CSU Expository Reading and Writing 12
AP English Language and Composition
AP English Literature and Composition

(c) MATHEMATICS (*May be used only for the 'c' req.)

Integrated Math I
Integrated Math II
Integrated Math III
Adv. Integrated Math I
Adv. Integrated Math II
Adv. Integrated Math III
Advanced Algebra with Financial Applications
MRWC (Math IV "Pre-Calculus")
Probability and Statistics
AP Statistics
Calculus
AP Calculus AB
AP Calculus BC

(d) LABORATORY SCIENCE

Advanced Biomedical Science
Anatomy and Physiology
CP Biology
Medical Biology
Chemistry
Physics
Medical Chemistry

(d) LABORATORY SCIENCE cont.

(AP) Chemistry
(AP) Physics 1
(AP) Environmental Science

(e) WORLD LANGUAGES

American Sign Language I
American Sign Language II
American Sign Language III
American Sign Language IV
French I
French II
French III
(AP) French Language & Culture
Spanish for Spanish Speakers I
Spanish for Spanish Speakers II
Spanish I
Spanish II
Spanish III
(AP) Spanish Language & Culture

(f) VISUAL AND PERFORMING ARTS

Advanced Dance Choreography/Production
Advanced Chamber Choir
Advanced Concert Orchestra
Advanced Drawing and Painting Advanced
Marching/Concert Band
Art I and Design
Ceramics I
Ceramics II
Dance I
Dance II
Drama I
Drama II
Drama III

(f) VISUAL/ PERFORMING ARTS cont.

Drama IV
Graphic Design I (Intro. to Digital Graphics)
Graphic Design II (Computer Graphics)
Guitar
Men's Ensemble
Women's Ensemble
Multimedia I
Multimedia II
Multimedia III
Studio Art
TV/Digital Video Production (Filmmaking)
Adv. TV Digital Video
Wind Ensemble
Video Game Design I
Yearbook Design
(AP) Art History
(AP) Studio Art

(g) ELECTIVE COURSES

AVID 9
AVID 10
AVID 11
AVID Senior Seminar
Cinema as Literature
Earth Science
Economics (sem.)
Environmental Horticulture
Environmental Science
Marine Biology
(AP) Macroeconomics
Psychology
(AP) Psychology
AP Seminar
Yearbook
AP Computer Science Principles
AP Research
Cyber Security
Environmental Engineering
International Cuisine
Student Leadership

POST-HIGH SCHOOL PLANNING

The role of the Murrieta Mesa High School guidance counselor is to offer a comprehensive program that supports academic achievement, inspire personal growth and provide a foundation for developing future educational and career goals. The guidance counselors meet with each student at various times during the school year to review progress toward graduation and reach post-high school goals. For your interests and concerns, check out the numerous resources available through our **MMHS Website**: <http://www.murrieta.k12.ca.us/Domain/2117> and then, click the **Counseling tab** for additional information.

Plan on attending the numerous guidance events scheduled on the school calendar to learn more about high school preparation, meeting university/college requirements, financial aid, college testing and career planning. Also visit the College and Career Center in the main office to review college and career information, gain assistance with online searches, obtain work permits, and learn about upcoming career and college sponsored presentations.

The Ramblings (email newsletter) will keep you up to date on all parent and student events.

For SAT I deadline dates and SAT II dates, please refer to the website www.collegeboard.com

Steps to Achieving NCAA Eligibility

9th Grade

REGISTER

- Start Planning NOW! Take the right courses and earn the best grades possible
- Find the list of NCAA-approved core courses: eligibilitycenter.org/courselist
- Register for a free Profile Page account at: eligibilitycenter.org for information on NCAA initial eligibility requirements

10th Grade

PLAN

- If you fall behind academically, ask your counselor for help finding approved courses you can take
- If you are being actively recruited by an NCAA school and have a Profile Page account, transition it to a Certification account
- Monitor the task list in your Eligibility Center account for next steps
- At the end of each school year, ask your counselor to upload an official transcript to your Eligibility Center account

11th Grade

STUDY

- Check with your counselor to make sure you are on track to complete the required number of NCAA approved core courses
- Take the SAT/ACT and submit your scores to the Eligibility Center using code 9999
- Ensure your sports participation information is correct in your Eligibility Center account
- At the end of the school year, ask your counselor to upload an official transcript to your Eligibility Center account

12th Grade

GRADUATE

- Complete your final NCAA approved core courses as you prepare for graduation
- Take the SAT/ACT again, if necessary, and submit your scores to the Eligibility Center using code 9999
- Request your final amateurism certification beginning April 1 (fall enrollees) or October 1 (winter/spring enrollees) in your Eligibility Center account
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation to your Eligibility Center account
- Reminder: Only students on an NCAA Division I or II school's institutional request list will receive a certification

NCAA CLEARINGHOUSE

NCAA

The NCAA, National Collegiate Athletic Association, serves as the athletics governing body for more than 1100 colleges, universities, conference and organization. It has established rules regarding eligibility, recruiting and financial aid for three membership divisions: Division I, Division II and Division III. Institutions are members of a division according to the size and scope of the athletic program and whether or not scholarships are provided.

Recent studies have shown that the percentage of men and women being offered a NCAA Division I full scholarship is 0.08%. There are over 25,000 high schools in the nation with student-athletes pursuing collegiate athletic scholarships. In other words, it's easier to become a National Merit Scholar Finalist than to receive a **"full ride"** athletic scholarship.

NCAA Eligibility Center

If a student is planning to enroll in college as a freshman and foresees participating in Division I or Division II athletics, one must be certified by the NCAA Eligibility Center. The Center ensures consistent interpretation of NCAA initial-eligibility requirements for all prospective student-athletes at all member institutions. It certifies the academic and amateur credentials of all potential college-bound student-athletes.

NCAA Eligibility Center

Certification Processing
P.O. Box 7136
Indianapolis, IN 46207-7136

NCAA Eligibility

P.O. Box 6222
Indianapolis, IN 46206-6222
(317)917-6222

Eligibility Customer Service Center

Toll free (877) 262-1492
Fax (317) 968-5100

Web address

www.eligibilitycenter.org

NCAA Eligibility Center Registration

Online Registration: To create an account, either click on the "New Account" button at the top right of the screen or the cell phone on the left side of the screen.

Account Creation: You will need to provide a valid e-mail address to create an account and begin the registration process. Be sure to provide an e-mail address that will be active even after you complete high school.

About Me: In this section, you need to pass along some quick facts such as your name, address, date of birth, and gender.

My Coursework: You will need to enter the name and location of the current high school of attendance. If you have attended more than one high school (including summer school) during grades 9, 10, 11 or 12, you will need to have that information ready as well. List all the schools previously attended. Make sure to include all schools whether you received grades or credits. You must also include information about whether you took any non-traditional courses, including online or credit recovery.

My Sport: In this section, select the sport (s) you plan to participate in at a NCAA Division I or II school. The Eligibility Center will also ask about the high school and/or club teams you have been a part of and other event participation during your high school career.

Payment: Your account will be eligible for processing only with payment of an application fee of \$70.

COLLEGE PLANNING AND CALENDAR

FRESHMAN – SENIOR PLANNING

- If you have not already done so, apply for a social security card; you will need it as an identification card.
- This College Planning section will answer many of the general questions you may have about college. It is an introduction to college planning which may lead you and your parents to seek additional information through the various references listed. Success in the college exploration, decision making, and admission process requires that certain tasks be performed at specific times during the high school years. You can reduce the anxiety associated with these responsibilities and exercise personal control over the entire process by working according to a calendar. Consult with your school counselor and consider fully the milestones presented below:

FRESHMAN YEAR

- Build strong academic, language, mathematics, and critical thinking skills by taking challenging courses.
- Meet with your counselor at least one time this year to discuss a 4-year plan and post-high school goals.

SOPHOMORE YEAR

- Concentrate on academic preparation and continue to develop basic skills.
- **September**
- Inquire and register for the PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test). Consult with your Counselor.
- **October - November**
- Take PSAT/NMSQT offered at MMHS on Saturday, October 18th.
- **January**
- Receive results of the PSAT/NMSQT. Read materials sent with your score report and consult your school counselor to discuss remaining course work which may be required or beneficial for your post high school plans.
- **February**
- Meet with counselor to discuss junior year schedule and post-high school plans.
- **April**
- Register for June SAT II: Subject Tests in academic subjects which you may complete this year (i.e., biology or chemistry) if applicable. See your counselor for information.
- **May**
- Consider a summer course or program for acceleration. Make wise use of your summer.
- **June**
- Take SAT II: Subject Test if applicable.

JUNIOR YEAR

September

- If you have not already done so, apply for a social security card; you will need it as an identification card.
- Sign up with the bookkeeper to take the Preliminary Scholastic Aptitude Test (PSAT) in October. Watch for announcements.

October

- PSAT/NMSQT test date is October 18th. This is a highly recommended testing experience; your performance can help you assess yourself as you proceed towards your post high school education plans. This is the only year that will qualify you for National Merit Scholarship.
- Attending college representative meetings and College Nights at your local school or community. Build a habit of being informed. Check with your counselor or guidance office for dates that college representatives will be on your campus.
- Attend Military Academy information nights. See your counselor for additional information.

November

- Take the ASVAB Survey offered at MMHS.

March/April

- See our internships, advanced high school student's program at the local community colleges, or accelerated high school student program at private, Cal State University or University of California schools. Refer to the school's respective college websites for additional information.
- It is suggested that you register for the SAT I (Reasoning Tests) and /or ACT, and SAT II (Subject Tests if applicable). It is a good experience to take the tests in March, May, or June, so that you will have time to repeat the exams in the fall if you are dissatisfied with your scores. Register and familiarize yourself with the test format by taking practice exams or preparation courses. Consult your counselor or visit college campuses during your spring break.

May

- Apply for summer programs at community, public, or private colleges.
- Write to your State Representatives for applications to military academies.
- **During summer**
- Visit college campuses during your vacation.
- Enroll in SAT/ACT Prep classes or on-line tutorial/s and sign-up for SAT I and ACT tests.

SENIOR YEAR

August

- Sign-up for SAT I and ACT tests.
- August 1st – November 30th is the filing period for the California State University (CSU) campuses.

September

- Attend college representative meetings held at your school or in the community. Keep informed by listening for announcements and reading bulletin boards.
- If you have not taken the SAT I (Reasoning Tests) or ACT tests, you must register in August, September, or early October in order to take them in October/November. (See your counselor for fee waivers if you qualify) Plan to take the SAT II (Subject Tests) as soon as possible.
- Begin survey of scholarship opportunities; see your counselor; visit the career center; listen for announcements and read bulletin boards. Register for free on-line scholarship databases. Have your parents check with the personnel office where they work to see if scholarship programs are offered.
- Take career/vocational interest surveys. They are helpful in choosing a college major in making a career choice.
- Submit letter of recommendation paperwork to those individuals (teacher, counselor, employer, or community member) who you will request a letter of recommendation from.
- Begin applications for the University of California, the California State Universities, which can be located on-line.

October

- Research and begin the application process for private and out of state four-year colleges and/or universities.
- Educational Opportunity Program (EOP) information is available. Access application information on-line and adhere to various deadlines for each campus.
- Register for the SAT I or SAT II tests for the University of California and California State Universities if you have not done so previously. (Fee waivers are available if you qualify)
- Attend open houses offered by universities and colleges.
- Research and develop personal statements for university admission.

November

- Apply for Early Action/Early Decision by November 1st.
- November 1st-30th is the application filing period for all UC campuses.
- Attend college representative meetings held on campus and within the community. Keep informed by listening for announcements and reading bulletin boards. Complete the personal biographies for those you are requesting a letter of rec.
- If you are applying to more than one college, you are encouraged to use the same form or letter for letters of recommendation. Therefore, make all your requests at one time so those persons recommending you can duplicate their materials (not required by CSU/UC system).

December

- Begin completion of the Free Application for Federal Student Aid (FAFSA) on-line. This form will enable you to apply for State Aid (Cal Grants A, B, and C). Many private colleges will require that you submit a Financial Aid Form (FAF) along with the FAFSA.
- See your counselor/career center to discuss your eligibility for MVUSD Dollars for Scholars. Some scholarship applications are due early in the school year. Help is available from your counselor or post scholarship opportunities in the career center.
- Consult with the college or your counselor regarding special requirements for admission procedures for certain courses of study.
- Request a transcript as directed by your college or university.
- December 15th is the deadline for receiving notification on Early Action/Early Decision.

January

- FAFSA and additional financial aid forms can be filed after January 1. Deadline is early March for California Aid.
- Look for financial aid workshops on campus.
- Be sure your MVUSD Dollars for Scholars application is completed and submitted on time (dates may vary).
- Submit fees for Advanced Placement exams.
- Request seventh semester transcripts and/or mid-year reports, if required by college/s, from your counselor.

February

- Deadline for filing FAFSA is early March to be eligible for Cal Grants, Pell Grants, and University Grants.
- Be sure you have applied for housing at the colleges of your choice prior to admittance.
- Deadline for filing additional financial aid forms varies; please refer to each school separately.

March

- Community college applications, both admission and financial aid forms can be located on-line.
- Be sure to attend informational meetings and visit campuses in order to make your final selection.
- Complete community college applications this month, following the procedure specified for the campus you plan to attend; and take placement exams.
- If you qualified and applied for MVUSD Dollars for Scholars, check and update your dashboard.

April

- Return intent to register forms to your chosen college on/or before May 1st or the colleges designated deadline.
- Notify colleges you are not planning on attending.
- Submit registration and housing deposits.
- Take placement exams required by the college.
- Complete additional financial aid documentation as requested.

May

- Take Advanced Placement (AP) exams.
- Complete and submit Senior Checkout card.
- If you have not previously done so, request your final transcript be sent to the college you will attend in the fall. This is necessary to certify graduation.
- Return applications for the on-campus orientation programs for the campus you will be attending.
- Graduate, CONGRATULATIONS!

HELPFUL WEBSITES

These websites are a valuable source of information. They range from searching for a college, virtual tours of campuses, the application process, financial aid, SAT, ACT testing information, career and job opportunities, and answers to the most frequently asked questions. There is a great deal of help available for the college and career bound student. **Please be aware of information you provide and no payment should be required by any website.**

HELPFUL COLLEGE/CAREER WEBSITES

<u>COLLEGE EXPLORATION</u>	<u>FINANCIAL AID</u>	<u>TESTING</u>	<u>CAREER EXPLORATION</u>
1. www.csumentor.edu - (Cal State) 2. www.ucop.edu/universityofcalifornia.edu 3. www.aiccu.edu - (CA Private) 4. www.gocollege.com 5. www.embark.com 6. www.petersons.com 7. www.collegequest.com 8. www.californiacolleges.edu 9. www.collegeispossible.org	1. www.fastweb.com 2. www.sssc.com 3. www.salliemae.com 4. www.pin.gov 5. www.fafsa.gov 6. www.studentaid.ed.gov 7. www.questbridge	1. www.collegeboard.com 2. www.act.org 3. www.princetonreview.com <u>ATHLETICS</u> 1. www.ncaa.org	1. www.erissworks.com/riverside Riverside County employment development site with links to classified job listings. 2. www.caso.com Extensive directory of distance learning locations 3. www.myfuture.com Site directed at teens researching careers and colleges. 4. www.jobshadow.org 5. www.kuder.com

HOW TO CHOOSE YOUR COLLEGE

Your task is to find a good college for YOU, the type that will fit YOUR needs and fields of interest. Talk with your parents, teachers and counselors to help you decide. Discuss the pros and cons of schools you are considering with recent graduates or students currently attending the school(s). When possible, personally visit the campus(es). Many schools will arrange an overnight/weekend stay in the dorm for prospective students. There are many reference tools available through your counselor, career center, internet, public library and/or local bookstores that can provide you with current information to aid you in making an informed decision as to the schools to which you will apply and the one you will attend.

When choosing a college, consider:

Curriculum: Does the college offer a program in your field of interest? In the course catalog, check the number of subjects offered in each department, especially those in your field.

Location: Do you want to attend college near home, or do you want to go to another section of the country such as New England, the Midwest or the South or outside of the United States?

Impaction: Research colleges or programs for information on impaction.

Size: Do you want to go to a small, medium-size, or large college? Or does it matter? Do you want to go to college in a city, or in a rural environment?

Religious Affiliation: Do you want to attend a college which is affiliated with a particular religious denomination?

Finances: Do you have specific plans for financing your college education? Remember that most financial aid is based on need.

Housing Facilities: Do you want to live in a dormitory, or would you rather live with a limited number of people or by yourself?

COLLEGE ADMISSION REQUIREMENTS

SAT/ACT: Check each of the colleges of your choice to determine what tests are required for admission consideration and their deadlines. For information refer to www.collegeboard.com or www.actstudent.org.

Transcript: You are responsible for requesting your transcripts. Requests for transcripts can be made online through the school website or see the MMHS registrar.

Application: Students are responsible for completing on-line applications for admission to the college of their choice.

Recommendation Forms: If a recommendation is required, the recommendation letter checklist form can be downloaded on-line at the MMHS website under "Counseling Important Forms". Complete this form and give a completed copy to your counselor and anyone who you are asking to write you a letter of recommendation.

CALIFORNIA STATE UNIVERSITIES

Do I meet minimum eligibility requirements for the CSU?

You are eligible for admission if you:

Have or will have graduated from high school. Meet the eligibility index with your grade point average and test scores (see the formula below). Have or will have completed with a grade of C or better a pattern of courses which total 15 units (see below). A "unit" is one year of study in high school. You may be required to meet higher admission requirements for impacted programs or campuses.

California Resident Eligibility Index Examples:

GPA	ACT Composite	SAT I Total
3.0	No minimum score requirement	
2.8	14	660
2.6	18	820
2.4	22	980
2.2	26	1140
2.0	30	1300

Below 2.00 does not qualify for CSU regular admission. The complete Eligibility Index table is available on the website:

<http://www.csumentor.edu> .

What is the eligibility index?

Use this formula to see if your grade point average and test scores meet the minimum required eligibility index for your intended campus(es).

SAT I Scores:

Your (GPA x 800) + Your SAT I Total
Your high school GPA (a-g courses only)
My index is _____

ACT Scores:

Your (GPA) x 200 + (10 x ACT Composite)
Your high school GPA (a-g courses only)
My index is _____

California residents must have a minimum index of 2900 using SAT I scores or 694 using ACT scores. Non-California residents must have a minimum index of 3502 using SAT I scores or 842 using ACT scores.

What are the 15 Units of courses I need?

You must complete with a grade of C or better (each semester) the following pattern of college preparatory subjects totaling 15 units.

4 years: English

3 years: Mathematics (Algebra I, Geometry, Algebra II, etc.)

2 years: Laboratory Science (CP Biology, Chemistry, Physics),

2 years: Social Science, World History, U.S. History

2 years: Foreign Language (same language)

1 year: Visual and Performing Arts: Art, Dance, Theatre/Drama, or Music.

1 year: Elective choice (refer to a-g course list)

15 total required courses

How will the CSU campus know if all admission requirements have been completed?

As a first-time freshman applicant, you are required to submit a final high school transcript after you have completed your senior year of classes. The high school transcript must have a graduation date posted on it.

A final review will be done to verify that you have successfully completed all required courses and maintained the eligibility index required.

Is the foreign language requirement ever waived?

If you can demonstrate competency in a language other than English that is equivalent to or higher than that expected of students who have completed two years of foreign language study, you may be allowed a waiver. For further information, contact the CSU campus(es) where you are applying.

Are students with disabilities expected to complete the 15 units of college preparatory subjects?

All freshman applicants are encouraged to complete 15 units of college preparatory subjects. If you are otherwise qualified, but unable to complete certain subjects because of your disability, you should contact the director of Services to Student with Disabilities at the CSU campus you wish to attend to receive further information.

When should I send transcripts?

The campus to which you are applying will inform you when to submit your official high school transcript.

Do I have to take any placement tests for the CSU?

The English Placement Test (EPT) and the Entry Level Mathematics Test (ELM) are required of all incoming students PRIOR to enrolling in classes; therefore, you will need to take the tests unless you are exempt.

How can I be exempt from the placement tests *English Placement Test (EPT)*: A score of 550 or higher on the SAT I Critical Reading or 24 on the English part of the ACT will exempt you from the EPT. Other EL M/EPT exemptions are described in individual CSU campus catalogs, the www.csumentor.edu website, or CSU ELM/EPT booklets.

Entry Level Mathematics Test (ELM): A score of 550 or higher on the SAT I Mathematics or 23 on the Math part of the ACT will exempt you from the ELM. Other ELM/EPT exemptions are described in individual CSU campus catalogs, the www.csumentor.edu website, or CSU ELM/EPT booklets.

Can I take the EPT/ELM tests at any CSU campus?

You may schedule and take the test(s) at any CSU campus. Just indicate on the test form the CSU campus(es) that should receive your scores.

What does my score on the English Placement Test (EPT) and/or the Entry Level Mathematics Test (ELM) mean?

Depending on your scores on the EPT and/or the ELM, you may be required to complete one or more specific remedial courses upon enrollment as indicated by the campus. The classes must be completed satisfactorily within one academic year.

Do I have to declare a “Major” to apply to a CSU campus?

Most CSU campuses allow you to apply as an “undeclared” major if you are not sure about the career path you want to follow. Cal Poly Pomona and/or San Luis Obispo, California Maritime Academy, and Channel Islands require all applicants to choose a major and will not accept students who do not declare a major. Other campuses may require upper division applicants to declare a major.

DIRECTORY OF CALIFORNIA STATE UNIVERSITIES

-Semester Term Campuses-

California State University, CHICO
www.csuchico.edu

California State University DOMINGUEZ HILLS
www.csudh.edu

California State University, FRESNO
www.csufresno.edu

California State University, FULLERTON
www.fullerton.edu

HUMBOLDT State University
www.humboldt.edu

California State University, LONG BEACH
www.csulb.edu

California State University, MARITIME ACADEMY
www.csum.edu

California State University, MONTEREY BAY
www.csUMB.edu

California State University, NORTHRIDGE
www.csun.edu

California State University, SACRAMENTO
www.csus.edu

SAN DIEGO State University,
www.sdsu.edu

SAN FRANCISCO State University
www.sfsu.edu

SAN JOSE State University
www.sjsu.edu

California State University, SAN MARCOS
www.csusm.edu

SONOMA State University
www.sonoma.edu

4 - 1 - 4 Campus

California State University, STANISLAUS
www.csustan.edu

-Quarter Term Campuses-

California Polytechnic State University, SAN LUIS OBISPO,
www.calpoly.edu

California State University, BAKERSFIELD,
www.csub.edu

California State University, EAST BAY
www.csueastbay.edu

California State University, LOS ANGELES
www.calstatela.edu

California State Polytechnic Univ. POMONA
www.csupomona.edu

California State Univ., SAN BERNARDINO,
www.csusb.edu

UNIVERSITY OF CALIFORNIA

The University considers you a freshman applicant if you are applying for UC admission and are either still in high school or have graduated from high school and have not enrolled in a regular session at any college or university. If you attend a summer session immediately after graduating from high school, you are still a freshman applicant.

California Residents

There are three pathways to satisfying the University's minimum admission requirements for freshman students: Eligibility in the Statewide Context, Eligibility in the Local Context and Eligibility by Examination Alone.

Eligibility in the Statewide Context

Eligibility in the Statewide Context is the pathway by which most students attain UC eligibility. To be eligible in the statewide context, you must satisfy the Subject, Scholarship and Examination requirements described here.

Subject Requirement

UC's admission requirements are changing, effective with the class entering in fall 2012. If you will be applying for admission to that term or beyond, you will need to complete 15 college preparatory courses (a-g) with at least 11 finished by the end of junior year. Earn a GPA of 3.0 or better in those courses, with no grade lower than a C. Take the ACT with Writing or the SAT Reasoning Test by December of senior year. The UC system will not require the SAT Subject Tests for fall 2012 admission, but scores may be submitted to show mastery of a particular subject. Some campuses may recommend certain Subject Tests for some competitive majors.

California High School Students

If you attend high school in California, the courses you take to fulfill the Subject Requirement must be certified by the University as meeting the requirement and must be included on your high school's UC-certified course list. <https://doorways.ucop.edu>

Guaranteed Admission

If you are a California resident, you will be guaranteed admission to UC if you are:

- Eligible in the statewide context, meaning you rank in the top 9 percent of California high school students, according to our admissions index, or
- Eligible in the local context (ELC), ranking in the top 9 percent of your class.

UNIVERSITY OF CALIFORNIA DIRECTORY

University of California, BERKELEY
www.berkeley.edu

University of California, DAVIS
www.ucdavis.edu

University of California, IRVINE
www.uci.edu

University of California, LOS ANGELES
www.ucla.edu

University of California, MERCED
www.ucmerced.edu

University of California, RIVERSIDE
www.ucr.edu

University of California, SAN DIEGO
www.ucsd.edu

University of California, SANTA BARBARA
www.ucsb.edu

University of California, SANTA CRUZ
www.ucsc.edu

SUBJECT REQUIREMENT

- a. HISTORY/SOCIAL SCIENCE** - 2 years required. Two years of history/social science, including one year of U.S. History or one-half year of U.S. History and one-half year of civics or American government; and one year of world history, cultures and geography.
- b. ENGLISH** - 4 years required. Four years of college preparatory English that include frequent and regular writing and reading of classic and modern literature. Not more than two semesters of ninth grade, English can be used to meet this requirement.
- c. MATHEMATICS** - 3 years required, 4 years recommended. Three years of college preparatory mathematics, that include the topics covered in elementary and advanced algebra and two- and three-dimensional geometry. Approved integrated math courses may be used to fulfill part or this entire requirement, as may math courses, taken in the seventh and eighth grades that your high school accepts as equivalent to its own math courses.
- d. LABORATORY SCIENCE** - 2 years required, 3 years recommended. Two years of laboratory science providing fundamental knowledge in at least two of these three disciplines: biology (which includes anatomy, physiology, marine biology, aquatic biology, etc.), chemistry and physics. Laboratory courses in earth sciences are acceptable if they have as prerequisites or provide basic knowledge in biology, chemistry or physics. The appropriate two years of an approved integrated science program may be used to fulfill this requirement. Not more than one year of ninth grade laboratory science can be used to meet this requirement.
- e. LANGUAGE OTHER THAN ENGLISH** - 2 years required, 3 years recommended. Two years of the same language other than English. Courses should emphasize speaking and understanding, and include instruction in grammar, vocabulary, reading and composition. Courses in language other than English taken in the seventh and eighth grade may be used to fulfill part of this requirement if your high school accepts them as equivalent to its own courses.
- f. VISUAL AND PERFORMING ARTS (VPA)** - 1 year required. One year of visual and performing arts chosen from the following: dance, drama/theater, music and/or visual art.
- g. COLLEGE PREPARATORY ELECTIVES** - 1 year required. One year (two semesters), in addition to those required in "a-f" above, chosen from the following areas: visual and performing arts (non-introductory level courses), history, social science, English, advanced mathematics, laboratory science and language other than English (a third year in the language used for the "e" requirement or two years of another language).

COMMUNITY COLLEGES

Are a good choice if...

You wish an excellent value in education. The community college offers education at a lower than a traditional 4year college/university.

You plan to earn a bachelors' degree by spending your freshman and sophomore years at a community college and then transferring to a four-year college/ university at the junior level.

You wish to attend college for one or two years to earn an Associate's, degree or complete a certificate program.

Admission:

Requirements: Any one of the following: a) high school diploma; b) 18 years of age; c) successful completion of the California High School Proficiency Examination; or d) General Educational Development Examination with an overall average of 55 and no score below 50.

Applications: Applications are completed on-line at the website of your community college of choice.

Fees: None

Placement Tests: Placement tests are administered free of charge at all community colleges and some local high schools.

Transcripts: Students must take a copy of their transcript to their counseling/advising appointment.

Expenses: Current fees (Fees are subject to change and vary by county) include: Enrollment fee, health fee, parking permit. Nonresident tuition varies. The cost of books and supplies will vary depending upon unit load and specific class and/or program requirements.

Transfer Programs: Community colleges offer a full range of lower division general education courses for university-bound students. While in high school, students should prepare for the community college by following a pattern of selected courses similar to those required by the California State Universities and the University of California. These courses should fulfill as many high school requirements as possible and include college preparatory courses. Such preparation will help facilitate a successful transfer. With careful planning, students intending to transfer may enter a baccalaureate-granting college or university at the junior level after completing two years of community college work.

Vocational Programs: Vocational and technical programs prepare students with entry level and upgraded job skills and training necessary for employment. Programs range in length from one semester to two years. At some community colleges units earned may be applied toward the associate degree.

Concurrent Enrollment Program for High School Students: Concurrent enrollment programs provide an enrichment opportunity for eligible high school students to enroll in courses at the community college and earn college credit. Generally, students must have completed their sophomore year with a minimum overall grade point average of 3.0. Students may enroll in up to a maximum of two college courses per semester provided they maintain a minimum daily attendance in high school. Students applying for the program must complete a special concurrent enrollment application; enrollment is subject to approval by the principal, high school counselor and the college admissions officer.

Community Colleges in the Area:

Mt. San Jacinto Community College

Menifee Valley Campus

www.msjc.edu

Mt. San Jacinto Community College

San Jacinto Campus

www.msjc.edu

Riverside Community College

www.rcc.edu

Palomar Community College

www.palomar.edu