6 COMPONENTS OF HEALTH BROCHURE

PAGE 1 (Title page)- Title your health brochure “the six components of health”. Draw at least one picture that you think represents “health”. Include a table of contents on the bottom right portion of your title page.

PAGE 2- Title this page “Emotional Health”. Draw at least one picture representing emotional health. Include at least three facts about emotional health.

PAGE 3- Title this page “Physical Health”. Draw at least one picture representing physical health. Include at least three facts about physical health.

PAGE 4- Title this page “Mental Health”. Draw at least one picture representing mental health. Include at least three facts about physical health.

PAGE 5- Title this page “Spiritual Health”. Draw at least one picture representing spiritual health. Include at least three facts about spiritual health.

PAGE 6- Title this page “Environmental Health”. Draw at least one picture representing environmental health. Include at least three facts about environmental health.

PAGE 7- Title this page “Social Health”. Draw at least one picture representing social health. Include at least three facts about social health.

PAGE 8 (BACK PAGE) - Write your name on the back and include the class period.