## Instruction

# SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION

The Governing Board recognizes that the purpose of the district's sexual health and HIV/AIDS prevention instruction is to provide students with the knowledge and skills necessary to protect them from unintended pregnancy and sexually transmitted diseases and to encourage students to develop healthy attitudes concerning adolescent growth and development, body image, gender roles, sexual orientation, dating, marriage, and family. The Board therefore desires to provide a well-planned sequence of instruction on comprehensive sexual health and HIV/AIDS prevention.

(cf. 5030 - Student Wellness) (cf. 6142.8 - Comprehensive Health Education)

The district's curriculum shall be aligned with the state's content standards, based on medically accurate and factual information, and designed to teach students to make healthy choices and reduce high-risk behaviors. The district's program shall comply with the requirements of law, board policy, and administrative regulation and shall respect the rights of parents/guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children.

(cf. 5141.22 - Infectious Diseases) (cf. 5146 - Married/Pregnant/Parenting Students) (cf. 6143 - Courses of Study)

The Superintendent or designee may appoint a coordinator and/or an advisory committee regarding the district's comprehensive sexual health program. The advisory committee shall represent a divergence of viewpoints and may participate in planning, implementing, and evaluating the district's comprehensive sexual health education program. The Board shall consider the advisory committee's recommendations when approving the district's program.

(cf. 1220 - Citizen Advisory Committees)

## Parent/Guardian Consent

A parent/guardian may request in writing that his/her child be excused from participating in HIV/AIDS prevention or sexual health education. Students so excused by their parents/guardians shall be given an alternative educational activity. (Education Code 51240, 51939)

(cf. 5022 - Student and Family Privacy Rights)

## SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION (continued)

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive the instruction. (Education Code 51939)

#### Legal Reference:

EDUCATION CODE 220 Prohibition of discrimination 48980 Notice at beginning of term 51202 Instruction in personal and public health and safety 51210.8 Health education curriculum 51240 Excuse from instruction due to religious beliefs 51513 Materials containing questions about beliefs or practices 51930-51939 Comprehensive Sexual Health and HIV/AIDS Prevention Education Act HEALTH AND SAFETY CODE 1255.7 Parents surrendering physical custody of a baby PENAL CODE 243.4 Sexual batterv 261.5 Unlawful sexual intercourse 271.5 Parents voluntarily surrendering custody of a baby UNITED STATES CODE, TITLE 20 1232h Protection of student rights 7906 Sex education

#### Management Resources:

<u>CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS</u> Health Education Content Standards for California Public Schools, Kindergarten through Grade 12, 2008 Health Framework for California Public Schools: Kindergarten through Grade 12, 2003 <u>WEB SITES</u>

CSBA: <u>http://www.csba.org</u>

American Academy of Pediatrics: <u>http://www.aap.org</u>
American College of Obstetricians and Gynecologists: <u>http://www.acog.org</u>
American Public Health Association: <u>http://www.apha.org</u>
California Department of Education, Sex Education and HIV/STD Instruction: <u>http://www.cde.ca.gov/ls/he/se</u>
California Department of Public Health: <u>http://www.cdph.ca.gov</u>
California Healthy Kids Resource Center: <u>http://www.californiahealthykids.org</u>
California Safe Schools Coalition: <u>http://www.casafeschools.org</u>
Centers for Disease Control and Prevention: <u>http://www.cdc.gov</u>
National Academy of Sciences: <u>http://www.nationalacademies.org</u>
U.S. Department of Health and Human Services, Office of the Surgeon General: http://www.surgeongeneral.gov

U.S. Food and Drug Administration: http://www.fda.gov

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