

# Coffee with the Counselors: Middle School 101



# Today's Agenda

- Introduce Counseling Team & Program
- Review Skills to be Successful in Middle School
- School Resources
- Questions



# Counseling Team

Ms. Cassandra (6th Grade Counselor)

Ms. Deszcz (7th Grade Counselor)

Mr. Anderson (8th Grade Counselor)

Ms. Rochelle (Mental Health Specialist)



# TMS Counseling Program

# School Counseling Domains

- ★ Academic
- ★ Social Emotional
- ★ College & Career



# School Counseling Classroom Lessons



**Grade 6:** Interest Profiler (CC), Bully Prevention(SE), and Course Registration(A)

**Grade 7:** Career Search (CC), Sexual Harassment(SE), and Course Registration (A)

**Grade 8:** A-G's, CTE, & HS Pathways (CC), Substance Abuse Prevention(SE), and HS Presentation/ Course Selection (A)



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## Counseling by the Numbers



**1144**

Parent  
Contacts

**1274**

Individual  
Counseling

**78**

SST  
Meetings

**64**

504  
Meetings

**556**

D/F  
Conferences

**44**

SARF's

**25**

SART's

**64**

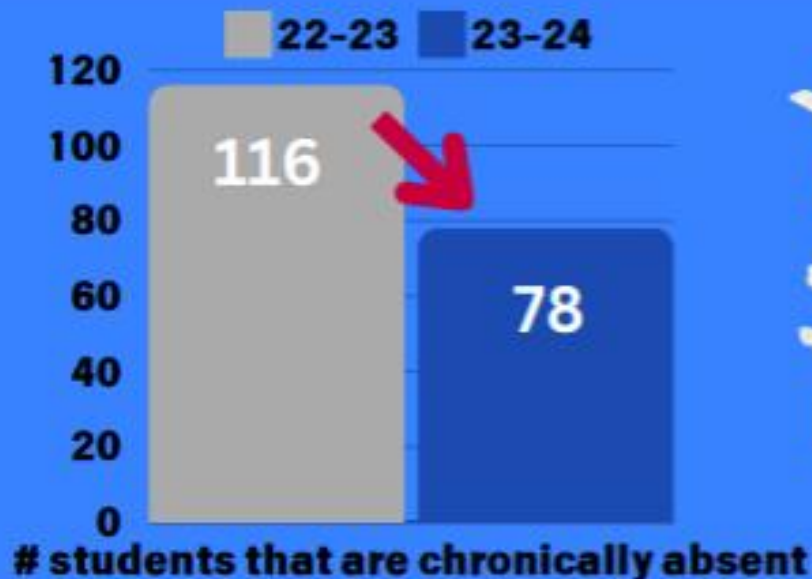
Parent  
Conferences



## Counseling Smart Goals 2023-24

### GOAL 1

By June 2024, the number of chronic absentee students will decrease by 5% from 10.39% to 9.89%.



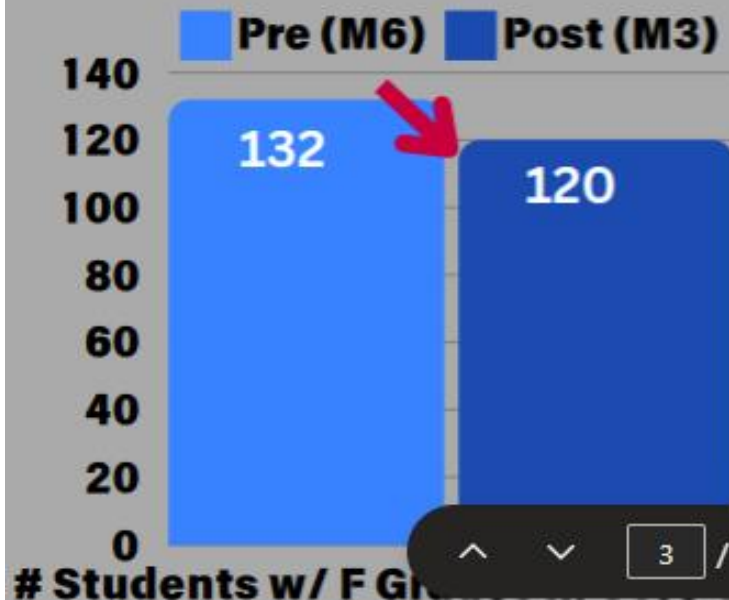
By June 2024, the number of TMS students who were chronically absent decreased from 116 to 78, resulting in a 33% improvement.

## GOAL 2

By December 20, 2023 we will decrease the number of 7th and 8th grade students who earned F's in a core academic class last semester (M6, 2023) by 10%, from 132 (Spring M6) to 119 (Fall M3).

### OUTCOME DATA, SUMMARY, & IMPLICATIONS

Students that earned one or more F Grades in core classes in 2023 for Mark 6 (Spring) and Mark 3 (Fall).



By December 2023, the number of TMS students who earned one or more F grades on their semester 1 report card (M3) decreased by 9%, 1% away from our initial goal.

# School Counseling Program Goals



**Attendance**- Decrease the number of students that are chronically absent.

**Academics**- Decrease the number of D's & F's in core academics.

**Social/ Emotional**- Increase support and interventions

# Tips to Succeed in Middle School

A large white number 2 is centered over a rectangular image. The image shows several dried, golden-brown reeds or grasses against a soft, out-of-focus background. The entire slide has a light beige background with a white rectangular area in the bottom right corner.

2

# Tips for Helping your child succeed in Middle School.



- Create a **schedule**
- Using & Checking **Student planner** daily
  - To write down important deadlines
  - Make a checklist
- Create a **study space** & plan for **2 hrs of homework**
- Help your child **prioritize** busy afternoons
- Assist them in **organizing** their backpack weekly
- Get a **good night sleep** (9 to 11 hours)
- **Attendance** - be present, pay attention, plan ahead

# Tutoring



- Tuesdays and Thursday- Library 3:00-4:15
- Wednesday- Library 1:40-2:40
- 6th Grade Tutoring- Mornings

# Office Hours

# OFFICE HOURS



# Priority SCHEDULE



## OFFICE HOURS PROTOCOL

Stamps: Attend priority class(es) if you are stamped; then other stamped classes

NO Stamps: Attend open sessions or enrichment

	12	THURSDAY BLOCK 1,3,5	OH: MATH	13	FRIDAY BLOCK 2,4,6	OH: SS
MATH			106			
SCIENCE			102			102
ELA						
SS						
ELECTIVE			STUDENT SERVICES			
NOTES						



English	Teacher	Room	Thursday (ELA Priority)	Friday (Science Priority)
ELA 6	Gross	201	Open: Annotate Ch. 2	Closed: Make-Up Ch. 1 Quiz
ELA 6	Glaser	205	Open: Writing Poetry	Open: Writing Poetry
ELA 6	Hillenbrand	203	Review: transitional words or phrases	Review: transitional words or phrases
ELA 6	Rogers	206	Closed: Writing a thesis	Closed: Writing a thesis
ELA 6 / 7	Trask	302	Open: Book Club	Open: Book Club

Library	BarnettSolorza	Library	Independent Study Hall *Stamp Needed	Independent Study Hall *Stamp Needed
MPR	Campus Sups	MPR	Independent Study Hall *Stamp Needed	Independent Study Hall *Stamp Needed
Courts	Campus Sups	Blacktop	Basketball *Stamp Needed	Basketball *Stamp Needed



White Box= Open  
Blue Box= Closed

# House System

<u>Altruismo</u> ( <u>The</u> Givers)	Phoenix	Orange
<u>Isibindi</u> (The Courageous)	Griffin	Purple
Amistad (The Friendlies)	Thunderbird	Green
<u>Complidor</u> (The Achievers)	Narwhal	Blue
Honesto (The Respected)	Hedgehog	Red
<u>Samilost</u> (The Compassionate)	Mongoose	Navy
<u>Sabiduria</u> (The Wise)	Owl	Grey
<u>Indarra</u> (The Strong)	Honey Badger	Dark Green



# Utilize School Resources

- ★ Check **Aeries** and **Canvas** daily
  - To **track grades** and **missing assignments**
  - Review classwork, upcoming assignments and additional **resources**
- ★ **Student Planner**
  - Students should be writing **assignments and due dates in it daily**, you can see if a student is **stamped for Office Hours**
- ★ Read The [Thompson Times](#)  
(Our Weekly Digital Newsletter)



# Encourage your student to get involved

**CLUB RUSH,  
Friday 8/30  
Before school**

## THOMPSON CLUBS



### COLORING CLUB

WED- 8:15AM- ROOM 936



### STUDENT VENTURE

MON-1ST LUNCH=ROOM 505, 2ND LUNCH=ROOM 206



### MINECRAFT CLUB

TUE- 8:30-8:55AM- ROOM 501



### BLESS CLUB

WED- 2ND LUNCH 11:30-12:00- ROOM 501



### RUBIK'S CUBE

THURS- 8:30-8:55AM- ROOM 501



### GUITAR CLUB

FRI- 8:30-8:55AM- ROOM 501



### ART CLUB

TUE- 3:05-4:00 PM- ROOM 510



### ROBOTICS

(OPEN TO CURRENT ROBO 2&3 STUDENTS)

TUE AND THURS- 8:30-8:55AM- ROOM 501

## THOMPSON CLUBS



### GAME ON!

WED- 8:15AM - ROOM 801



### STAR WARS CLUB

WED- 7:55-8:45AM- ROOM 504



### SAFE SPACE

WED- 1ST LUNCH- ROOM 504

### DUNGEONS AND DRAGONS CLUB (DND)

FRI- 7:55-8:55AM- BAND ROOM



### TMS SPIRIT CLUB

WEEKLY DURING CLASS, ADDITIONAL TUESDAYS AFTER  
SCHOOL AS NEEDED (FROM 3:10-4:00PM)- DANCE

ROOM 703

### E- SPORTS CLUB

TUE AND FRI- 8:15 TO 8:45AM- ROOM 306



### CHOIR CLUB

MON- 8:45-8:55AM- ROOM 803



# Interested in being a career speaker?



**Contact Mr. Hoekstra**  
[dhoekstra@murrieta.k12.ca.us](mailto:dhoekstra@murrieta.k12.ca.us)

# How Parents Can Get Involved

## Join a Committee!

**PTA** - Parent Teacher Association, contact: [PTSA\\_TMS@murrieta.k12.ca.us](mailto:PTSA_TMS@murrieta.k12.ca.us)

**LPAC**- Latino Parent Advisory Council, contact: [sbrown@murrieta.k12.ca.us](mailto:sbrown@murrieta.k12.ca.us)

**AAPAC** - African American Parent Advisory Council, contact: [dsave@murrieta.k12.ca.us](mailto:dsave@murrieta.k12.ca.us)

**ELAC**- English Learner Advisory Council, contact: [sbrown@murrieta.k12.ca.us](mailto:sbrown@murrieta.k12.ca.us)

**SPAC** - Special Education Advisory Council, contact: [zpreston@murrieta.k12.ca.us](mailto:zpreston@murrieta.k12.ca.us)



Thank you



# Math Pathways

## MURRIETA VALLEY UNIFIED SCHOOL DISTRICT MATHEMATICS PATHWAY

