

**Murrieta Valley Unified School District  
Crisis and Helpline Resources**

***In the event of a Mental Health related crisis and/or emergency that puts you, your child or others in danger, please dial 911.***

**Crisis Lines**

<b>Riverside County Crisis &amp; Suicide Helpline</b>	<b>(951) 686-HELP</b>
<b>National Suicide Prevention Lifeline</b>	<b>(800) 273-8255 (TALK)</b>
<b>Crisis Text Line</b>	<b>Text HOME to 741741</b>
<b>CA Peer Warm Line (non-crisis)</b>	<b>(855) 845-7415</b>
<b>Trevor Project (LGBTQ)</b>	<b>(866) 488-7386</b>
<b>Children's Protective Services</b>	<b>(800) 422-4918</b>
<b>Alternatives to Domestic Violence</b>	<b>(800) 339-7233</b>
<b>CONTACT (Loneliness) Helpline</b>	<b>(800) 932-4616</b>
<b>Youth Lines</b>	
<b>RUHS Youth Crisis Hotline</b>	<b>(800) 843-5200</b>
<b>SafeHouse What's Up Crisis Text Line</b>	<b>(844) 204-0880</b>
<b>RUHS Teen Line</b>	<b>(800) 852-8336</b>

**Emergency Evaluation Centers**

<b>Emergency Treatment Services (ETS)</b> 9990 County Farm Road, Suite 4 Riverside, CA 92503 Adults & Minors (951) 358-4881	<b>Loma Linda University Behavioral Medical Center</b> 1710 Barton Road Redlands, CA 92373 (909) 558-9200
<b>Riverside University Health System</b> 41002 County Center Drive, Suite Temecula, CA 92591 (951) 600-6355	<b>Perris Mental Health Urgent Care</b> 32085 Ramona Expressway, Suites 1-3 Perris, CA 92571 (951) 349-4195

**Regional Behavioral Health Centers**

<b>Riverside University Health System Behavioral Health, Temecula Children's Services</b> (Medi-Cal/Healthy Kids/Healthy Families) Children's Treatment Services 41002 County Center Drive Suite 320 Temecula, CA 92591 (951) 600-6355	<b>Loma Linda University Behavioral Medical Center</b> 28078 Baxter Rd, Suite 230 Murrieta, CA 92563 (951) 290-6530
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***Additional Resources***

**Community Referrals**

**211**

**connectie.org** – Search for free/reduced cost services like medical care, food, job training and more.

**CARES Line Call** (Medi-Cal Beneficiaries seeking Mental Health Services) (800) 706-7500

**Help Line** (951) 686-4357 (24 hour hotline) • Suicide crisis • Crisis intervention and counseling referrals • Homeless referrals • Food pantry • Financial assistance