

# Meet your Provider



## Abigail Kent, PA-C

Abigail received her Bachelor's degree in Biology from Concordia University Irvine and her Master's degree as a Physician Assistant from Marietta College in Marietta, Ohio. She has many years of experience as a PA in family practice, urgent care and emergency medicine. She enjoys forming relationships with her patients in order to help them achieve their health goals. She was born and raised in San Diego, and enjoys traveling, reading, cooking and spending time with her family, friends and pets.

### Services

- Annual physical exams
- Annual wellness review
- Condition management
- Diet, nutrition review, and counseling
- Labs and onsite testing
- Lab test recommendations
- Select Medications at no cost
- School and sports physicals
- Sick and immediate care

## Everside Health is NOW Marathon Health!

New name, same great experience,  
plus an improved app & portal!

### REEP Health Center

25395 Hancock Ave, Suite 200  
Murrieta, CA 92562  
951-229-0708

### NEW Hours

**Mon.** 7am - 3:30pm  
**Tues.** 10am - 7pm  
**Wed.** 10am - 7pm  
**Thur.** 7am - 3:30pm  
**Fri.** 7am - 2pm

Your health center now has NEW  
extended hours!

**Available for REEP members on Anthem  
PPO/HSA/MVP/HPN health plans!**



**Schedule an appointment**  
Call 951-229-0708  
or visit [my.marathon.health](https://my.marathon.health)



# Get started

## with Marathon Health



The Marathon Health patient portal and mobile app are quick and easy ways to manage your healthcare needs. This guide walks you through the process of creating your account and exploring all features.

### STEP 1

#### Activate your patient portal



- Scan the QR code or visit **my.marathon.health**
- Click "Register My Account"

#### Enter the following information to create your secure online account

- First and last name
- Email address
- Social Security Number (Not required but will improve the account creation process.)
- Date of birth
- Home address and phone number
- Marathon Health access type

Once submitted, records will be reviewed to confirm eligibility, and you'll receive a follow-up email within 2-3 business days to complete your registration. After registering, proceed to step 2 to download the mobile app.

### STEP 2

#### Download the mobile app



Scan the QR code or follow these steps to download from Apple App Store or Google Play Store

- Search for "Marathon Health" in the search bar
- Locate the Marathon Health app and tap on it
- Press the "Download" or "Install" button to begin installing the app
- Once the app is successfully downloaded and installed, you'll find the icon on your home screen

*Note: Marathon Health must verify with your employer/union that you are eligible for this benefit. Marathon Health is required by law to maintain the privacy and security of your protected health information under the Health Insurance Portability and Accountability Act. We will not share any personally identifiable information with your employer.*

## Key features

- **Appointment scheduling:** Book appointments with your provider
- **Video visits:** Meet virtually with your care team
- **Messaging:** Communicate securely with your care team
- **Medications:** Manage your prescriptions and request refills
- **Health records:** Easily access your medical records
- **Available for REEP members on Anthem PPO/HSA/MVP/HPN health**

Questions? Call 951-229-0708

Access is limited to eligible individuals and their family members who have partnered with Marathon Health through an employer, union group, or on their own.

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